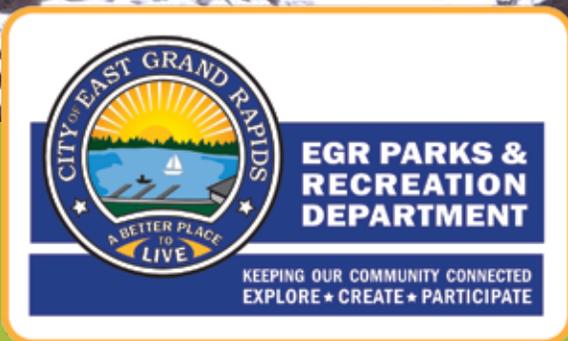


2017

WINTER PROGRAM GUIDE



Reeds Lake Trail



Community Center
750 Lakeside Drive SE
East Grand Rapids, MI 49506

Phone: 616.949.1750
Fax: 616.831.6144
recadmin@eastgr.org

www.eastgr.org

REGISTRATION BEGINS
OCTOBER 13 FOR RESIDENTS
OCTOBER 20 FOR NON-RESIDENTS



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Publication Information

City of East Grand Rapids
Parks & Recreation Dept.

750 Lakeside Dr. SE
East Grand Rapids, MI 49506
(616) 949-1750 (phone)
(616) 831-6144 (fax)
(616) 940-4800 ext. 301 (cancellations)
E-mail: egrrec@eastgr.org
Website: www.eastgr.org
Published Quarterly: Jan., Apr., Jul., Oct.

Check out
our **NEW**
classes!

Cover Photo: Reeds Lake Trail November 2015

GET INVOLVED

If you are interested
in **sponsoring** and/or
volunteering at one of our events,
contact the Parks and
Recreation
Department for
details.

616.949.1750
recadmin@eastgr.org



MISSION STATEMENT

The City of East Grand Rapids Parks and Recreation Department, in strong partnership with the community and school district, is committed to providing courteous and efficient delivery of services in safe and secure facilities.

We are committed to providing enrichment, educational and sports programming for all ages to promote healthy lifestyles, family interaction and a sense of community.

We are dedicated to preserving, enhancing and protecting our parks, green spaces, indoor and outdoor facilities in a fiscally responsible manner for present and future generations.

Breton Elementary
2500 Boston SE

Lakeside Elementary
2325 Hall St. SE

Wealthy Elementary/Pool
1961 Lake Dr. SE

EGR Middle School
2425 Lake Dr. SE

EGR High School/Pool
2211 Lake Dr. SE

Canepa Tennis Courts
2915 Hall St. SE

Comm. Center/Parks & Rec. Dept.
750 Lakeside Dr. SE

John Collins Park
650 Lakeside Dr. SE

Manhattan Park
3180 Cascade Rd. SE

Manhattan Park Pavilion
430 Manhattan SE

Remington Park
2210 Reeds Lake Blvd. SE

Waterfront Park
2205 Reeds Lake Blvd. SE

James E. Morse @ Woodcliff
2915 Hall St. SE

INTERSCHOLASTIC LEAGUE SPORTS

Interscholastic League Sports:

- Participants must be enrolled as an EGRMS student and are required to carry a 2.0 GPA per marking period.
- A current athletic physical must be on file with EGRMS dated on or after April 15 of the current school year.
- **Transportation is not provided. Parents will need to car pool to away competitions.**
- All registration will now take place at the Parks & Recreation Department. You may register in person, over the phone or online with a user name and password provided by the Recreation Department. We are part of the West Michigan Middle School Conference.

Interscholastic Boys Basketball (Grades 7 - 8)

Our teams will compete against other teams in the West Michigan Middle School Conference. Weekday practices Monday through Thursday will be TBD by coaches. Weekday game start times will vary between 4:00P and 5:00P. Depending on enrollment, players will be divided into "A" and "B" teams that will be announced after evaluations. **Transportation not provided.**

League Rules: (4) 6-minute quarters. All players are guaranteed the equivalent of (1) 6-minute quarter determined by the coach.

Evaluations will take place Oct. 25, 26, 27 @ EGRMS GYM

Time: 7th 4:00P-5:30P and 8th 6:00P-7:30P

Location: EGR Middle School Gym

Min. 20/Max. 80

CODE	DAYS	DATES	RES/NR
92002-A (7 th)	M-Th	10/25-12/15	\$152/\$172
92002-B (8 th)	M-Th	10/25-12/15	\$152/\$172

Sign up by the deadline of October 14.

Interscholastic Swim and Dive (New Grades: Coed 6 - 8)

Our teams will compete against other teams in the West Michigan Middle School Conference. Weekday practices Monday through Thursday from 6:00-7:00P. (Subject to change). **Transportation not provided.**

Practices: 6:00P-7:00P; Meet times: 4:00P

Saturday Tournament: Dec. 17, 2016

Location: EGR High School Pool

Min. 30

CODE	DAYS	DATES	RES/NR
92002-I	M-Sa	11/1-12/17	\$192/\$212

Sign up by the deadline of October 21.

Interscholastic Girls Basketball (Grade 7 - 8)

Our teams will compete against other teams in the West Michigan Middle School Conference. Weekday practices Monday through Thursday will be TBD by coaches. Weekday game start times will vary between 4:00P and 5:00P. Depending on enrollment players will be divided into "A" and "B" teams that will be announced after evaluations. **Transportation not provided.**

League Rules: (4) 6-minute quarters. All players are guaranteed the equivalent of (1) 6-minute quarter determined by the coach.

Evaluations will take place Jan. 9, 10, 11 @ EGRMS GYM

Time: 7th 4:00P-5:30P and 8th 6:00P-7:30P

Location: EGR Middle School Gym

Min. 20/Max. 80

CODE	DAYS	DATES	TIME	RES/NR
92003-A (7th)	M-Th	1/9-3/16	4:00P-8:00P	\$202/\$222
92003-B (8th)	M-Th	1/9-3/16	4:00P-8:00P	\$202/\$222

Sign up by the deadline of December 30.

Interscholastic Wrestling (New Grades: 6 - 8)

Our team will compete against other schools in the West Michigan Middle School Conference. **Transportation not provided.**

Location: EGR Middle School

Practices: 4:00P-6:00P; Monday-Thursday

Event times: 4:00P weekdays Tuesdays and Thursdays. Saturday Tournament: TBD

Location: EGR Middle School Cafeteria

Min. 12/Max. 35

CODE	DAYS	DATES	TIME	RES/NR
92003-W	M-Th,Sa	1/9-3/9	4:00P-7:00P	\$162/\$182

Sign up by the deadline of December 30.

**For further questions
please call or email:
EGRMS Athletic
Director
Shannyn Fasbender
Email: Sfasbend@
eastgr.org
Phone: 616-949-1750**

Upcoming Interscholastic Sports

Sport	Month
Coed Tennis	March
Coed Track & Field	March
6 - 8 Coed Water Polo	March

ADVERTISEMENT



East Pride Lacrosse (EPL) is a non-profit, parent-run organization that is separate from the Parks and Recreation Department. EPL encompasses the U7 - U15 age groups of boys' lacrosse in East Grand Rapids. At the core of EPL is the desire to grow the sport of boys' lacrosse in EGR, while providing exceptional training and player development. Players must provide all equipment: helmet, gloves, stick, shoulder pads, elbow pads, mouth piece and cup. Please visit eastpridelacrosse.com to register and order uniforms by February 15, 2016.

EPL requires that each player sign up and pay for membership with US Lacrosse prior to any preseason workouts, tryouts or practices. Please visit uslacrosse.org and sign up so you can participate in preseason workouts. EPL requires 100% player participation with US Lacrosse for liability coverage.

Boys' Lacrosse U7 (Age 6 , 1st grade)

This is a great introduction to lacrosse for your 1st grader. The focus will be on skill development through practices and drills. A few games will be played at the end of the season. **Location:** Lakeside School Min. 10/Max 40

April 18 – June 3 **Cost - \$95* plus uniforms**

Boys' Lacrosse U9 (Ages 7 and 8)

Practices will be held twice a week. There will be weekly games against other local teams. **Location:** Back Field @ EGR Middle School Min. 20/Max. 40

April 11 – June 3 **Cost - \$145* plus uniforms**

Boys' Lacrosse U11 (Ages 9 & 10)

Practices will be held 2 – 3 times a week. Most games will be during the week against local teams. There will be opportunities for a few weekend games and/or tournaments. Practice times TBA. Transportation not provided. **Location:** Back Field @ EGR Middle School Min. 20/Max. 40

April 11 – June 3 **Cost - \$175* plus uniforms**

Boys' Lacrosse U13 (Ages 11 and 12) and Boys' Lacrosse U15 (Ages 13 and 14)

Practices will be held 3 – 4 times a week. Most games will be during the week against local teams. There will be a number of opportunities for weekend games and/or away tournaments. Practice times TBA. Transportation not provided. **Location:** EGR Track and Wealthy Fields

April 11 – June 3 **Cost - \$225* plus uniforms**

*There may be additional fees for tournament teams

Indoor workouts for U11/U13/U15 start the week of January 18th

SAVE THE DATE: East Pride Lax Festival (all age groups)

January 17th 2016, 1:00 – 4:00pm, EGR Middle School Gym

YOUTH SPORTS & INFORMATION

Youth Volleyball League (Grades 5 - 6)

This league is a great stepping stone to middle school volleyball. Starting the week of Jan. 2 teams will have a 1 day a week/1 hour practice determined by the coaches and games will be played on Saturday Mornings starting on Jan. 14.

Program Will Not Meet On: 1/28, 2/18

Evaluations - December 10, 2016 at Lakeside School gym

5th Graders 1:00P-2:00P

6th graders 2:00P-3:00P

Location: Lakeside School Gym

Min. 40/Max. 100

CODE	DAYS	DATES	PRACTICE TIME	RES/NR
31650-Z	Sa	1/2-3/4	9:00A-8:00P	\$79/\$94
31650-V = Coaches				

Sign up by the deadline of December 5 to save \$20 and be guaranteed a place on a team. Buddy System does not apply for this sport.



THANK YOU, FRIENDS OF THE LIBRARY!

We are so appreciative of the Friends of the Library for their support of two of our programs: summer Safety Town and Rocket Football in the fall. The Friends group provided tote bags for Safety Town and the new Rocket football jerseys display the Friend's logo. Thank you!



Volunteer Coaches

Volunteers are needed to coach and assist youth leagues. Consider sharing your time and knowledge helping youngsters learn more about the sport.

We will provide you with drills and information to help you be a great coach! Although the game dates are set for each league, the practice days and times are up to each coach (so you can plan around your schedule).

If you are interested in volunteering, please let us know when you sign up your child or give us a call at 616.949.1750.

PROGRAM CANCELLATIONS

If you have to cancel a program, please note that program cancellations must be made a

minimum of five full business days prior to the start of the program and will incur a 20% administrative fee up to a maximum of \$15 for each program.

Program cancellations made a minimum of two full business days prior to the start of the program will incur a 40% administrative fee up to a maximum of \$30 for each program.

How does our Buddy System work?

The Buddy System is designed to allow children to know at least one child on their team. It may also help families with carpool issues. We require a Buddy Request Form to be completed before the program deadline in one of two ways:

- completed in person at our office, or
- online at our city web-site www.eastgr.org.

We match up the forms and our supervisors make every effort to honor the requests. We limit one buddy request per child. Coach requests are not part of the Buddy System.

The Buddy System applies to the following youth sports:

Pre-K - 2nd Youth Basketball League, 3 & 4 Girls Basketball, 3 & 4 Girls Lacrosse, K - 5 Soccer Leagues and Little Sluggers Tee Ball Leagues.

YOUTH SPORTS

Little Hooper's Basketball Clinic

(Ages 4 - 8)

This 2 day clinic will be great for kids wanting to learn about basketball or looking to improve their skills.

Location: Wealthy School Gym

Instructors: EGRHS Basketball Coaches

Min. 10/Max. 50

CODE	DAYS	DATES	TIME	RES/NR
31301-A	Sa	1/7-1/21	10:00A-11:00A	\$45/\$60



Coed PreK-2nd Grade Basketball

(Grades PK - 2)

This is a fun introductory program for Pre-Kindergarten through 2nd graders. Players will be divided into teams and each Saturday they will have a 30 min practice followed by a 30 min game. Volunteers are needed to coach and assist youth leagues. Consider sharing your time and knowledge helping youngsters learn more about the sport. If you are interested in volunteering, please let us know when you sign up your child or give us a call at 949-1750. Ideally teams will be Pre-K/K and 1st/2nd.

Class Will Not Meet On: 2/18

Location: Gym @ Wealthy School

Max. 150

CODE	DAYS	DATES	TIME	RES/NR
31302-Z	Sa	1/28-3/25	9:00A-1:00P	\$85/\$100

Sign up by the deadline of Dec. 28 to save \$20 and be guaranteed a place on a team. This is also the buddy form deadline.

Boys Basketball League (Grades 3 - 4)

Don't miss out on this fun winter basketball league! Players will practice 1 time a week starting the week of January 2. Games will be on Saturday mornings at EGR Schools beginning mid-January. A player evaluation for all players is December 3 from 9-9:45A, at Breton Gym. **The buddy system does not apply for this sport.**

Location: EGR Wealthy Gym for practice; EGR Middle School for games

CODE	DAYS	DATES	TIME	RES/NR
31503-Z	TBD	1/2-3/4	TBD	\$87/\$102

Sign up by the deadline of November 21 to save \$20 and be guaranteed a place on a team.

Boys Basketball League (Grades 5 - 6)

Don't miss out on this fun winter basketball league! Players will practice 1 time a week starting the week of January 2. Games will be on Saturday mornings at EGR Schools beginning in mid-January. A player evaluation for all players is December 3 from 10:30-11:30A, at Breton Gym. **The buddy system does not apply for this sport.**

Location: EGR Breton Gym for practice; EGR Middle School for games

CODE	DAYS	DATES	TIME	RES/NR
31505-Z	TBD	1/2-3/4	TBD	\$87/\$102

Sign up by the deadline of November 21 to save \$20 and be guaranteed a place on a team.

Boys 3rd- 6th Basketball Coaches (Ages 18+)

Volunteers are needed to coach and assist youth leagues. Consider sharing your time and knowledge helping youngsters learn more about the sport. Although the game dates are set for each league, the practice days and times are up to each coach (so you can plan around your schedule). If you are interested in volunteering, please let us know when you sign up your child or give us a call at 949-1750.

CODE	DATES
31503-V (3 rd /4 th) Coach	1/2 - 3/4
31505-V (5 th /6 th) Coach	1/2 - 3/4

Concussion Awareness Forms

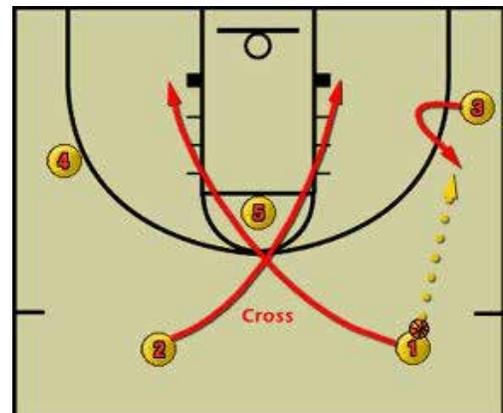
State Law; Public Acts 342 and 343

In June of 2013, the State of Michigan instituted a new law whereby all participants under the age of 18 must have a signed Concussion Awareness Form. This form must be filed with our department and once received it is kept for the duration of participation or until age 18 for each family member.

Forms can be found at our city website (www.eastgr.org) and can easily be submitted electronically to our office. We also have blank forms at the Recreation Department front counter for your convenience.

All Parks & Recreation Department coaches are required to participate in Concussion training.

To learn more about concussions, go to www.cdc.gov/concussion.



YOUTH SPORTS

Youth Indoor Soccer Training

(Ages 3 – Grade 4)

This 4 week program is ideal for kids that want to learn new skills in the off-season. Kids will learn basic and intermediate soccer foot skills. Sign up quick, spots are limited!

Equipment needed: athletic shoes and a size 3 or 4 soccer ball with your name on it.

Location: Wealthy School Gym

Min. 6/Max. 25

CODE	DAYS	DATES	TIME	RES/NR
(Ages 3-Grade 1)				
31201-A	Tu	1/3-1/24	5:30P-6:30P	\$40/\$55
(Grades 2-4)				
31201-B	Tu	1/3-1/24	6:30P-7:30P	\$40/\$55

Coed Soccer League (Grades 6 - 8)

This competitive league is open to boys and girls currently in the 6-8 grade. EGR participants will play on coed teams. Competition will come from other middle schools in the surrounding area. Participants will have 2-3 practices a week held at the Manhattan Recreation Area. Games will be played during the week and weekends. The number of participants signed up will determine the number of teams. Practices times will TBA by coaches. Transportation is not provided to games.

Equipment needed: soccer cleats and shin guards

Evaluations: March 20, 21, 22 6:00-7:30P (Please try to be at all 3 dates)

Teams Will Not Meet: April 1 - 7

Location: Manhattan Rec. Area

Max. 54

CODE	DAYS	DATES	TIME	RES/NR
41278-Z	M-Sa	3/20-6/2	6:00P-8:00P	\$101/\$116

Sign up by the deadline of March 3 to save \$20 and be guaranteed a place on a team.

Pee Wee Soccer (Coed Ages 4 - 5)

This soccer league is open to all players turning 4-5 years of age by May 3, 2017. *Current Kindergarten students are allowed to play in this league or the Pioneer soccer academy. Games and practices will take place on Saturdays. Each team will have a ½ practice and a game consisting of three 5 minute quarters. If you would like to volunteer to coach or assist, let us know when you register your child.

Equipment needed: molded soccer cleats or athletic shoes and shin guards. Size 3 soccer ball for practice with your name on it.

***Saturday, March 15 (Team meet and greet practice with coaches)**

***Games begin; Saturday, April 22**

***Off: Saturday, May 27 (Memorial Weekend)**

Location: EGR Soccer Fields

Min. 40/Max. 100

CODE	DAYS	DATES	TIME	RESNR
41204-Z	Sa	4/15-6/3	9:00A-12:00P	\$65/\$80
41204-V = Coaches				

Sign up by the deadline of March to save \$20 and take advantage of the buddy system.

Spring Pioneer Soccer Academy League (Coed Grade K - 5)

This highly popular recreational program has been improved and is open to children currently in Kindergarten through 5th grade. The revised program offers a soccer curriculum that emphasizes technical skill, player development and greater training opportunities.

The program consists of a weekly team practice, game and 4 optional Academy Training sessions per week. The optional Academy Training sessions are open to all players. Academy training sessions will focus on player development through enhancing the technical skill of each player in a structured environment that is challenging and fun. The program is committed to offering the highest level of soccer coaching for beginners and experienced players alike.

*Current Kindergarten students are allowed to play in the Kindergarten league or the Saturday Pee Wee Soccer League.

Equipment needed: molded soccer cleats or athletic shoes, shin guards Kindergarten: size 3 soccer ball for practice with name on it.

1st-5th: size 4 soccer ball for practice

***May 27, 2017 (No Games)**

***June 3, 2017 (Games will be scheduled between 1:00P-6:00P)**

Location: EGR Soccer Fields

Min. 40/Max. 100

CODE	DAYS	DATES	TIME	RES/NR
(Kindergarten)				
41200-Z	M-Sa	4/10-6/3	9:00A-3:00P	\$80/\$95
41200-V = Coaches				

(Grades 1 - 2)

CODE	DAYS	DATES	TIME	RES/NR
41201-Z	M-Sa	4/10-6/3	9:00A-3:00P	\$80/\$95
41201-V = Coaches				

(Grades 3 - 5)

CODE	DAYS	DATES	TIME	RES/NR
41203-Z	M-Sa	4/10-6/3	9:00A-3:00P	\$80/\$95
41203-V = Coaches				



Sign up by the deadline of March 3 to save \$20 and take advantage of the buddy system.



SPRING YOUTH SPORTS

Girls Indoor Lax Clinic (Grades 3 - 6)

Get ready for the season with this 2 day lacrosse clinic. The clinic will cover basic stick skills for players of all levels. Please bring your lacrosse stick, eyewear, mouth guard and water bottle.

Location: Breton School

Instructors: EGR Girls Lacrosse Staff

Min. 10/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
(Grades 3-4)				
41807-A	Sa	3/18-3/25	10:00A-11:00A	\$25/\$30
(Grades 5-6)				
41807-B	Sa	3/18-3/25	11:00A-12:00P	\$25/\$30

Girls Lacrosse League (Grades 3 - 4)

Practices start after spring break, 2 times each week. Games will be played against other EGR teams during the week. Each player will receive a t-shirt, but must provide all equipment(goggles, colored mouth guard and girls' lacrosse stick). Buddies will be allowed.

Location: EGR Fields

Max. 40

CODE	DAYS	DATES	BETWEEN	RES/NR
41804-Z	Varied	4/10-5/20	4:00P-6:00P	\$87/\$102

Sign up by the deadline of March 3 to save \$20 and be guaranteed a place on a team.

Girls Lacrosse League (Grades 5 - 6)

Practices start after spring break, 2 times each week. Games will be played against other EGR teams and surrounding area schools. We will have a few Saturday games/tournaments. Each player will receive a game jersey. Players must provide all equipment(goggles, colored mouth guard and girls' lacrosse stick). There will be an evaluation for all girls. Time/Date TBD. Buddies will not be allowed.

Location: EGR Fields

Max. 40

CODE	DAYS	DATES	TENTATIVE	RES/NR
41806-Z	TBD	4/10-5/20	5:00P-7:00P	\$107/\$127*

Sign up by the deadline of March 3 to save \$20 and be guaranteed a place on a team.

***Updated price change from printed copies**

Spring Girls Lacrosse League (Grades 7 - 8)

This competitive league is open to girls currently in grades 7-8. Competition will come from other middle schools in the surrounding area. Participants will have 2-3 practices a week from 4:00-6:00P. Games will be played during the week with start times of 6:00P and 7:00P. TBA times for weekend tournaments. The number of participants signed up will determine the number of teams. Transportation is not provided.

Evaluations: March 27, 28, 29 @ EGR Middle School

Location: Manhattan Rec. Area (Practices and Games)

Min. 20/Max. 100

CODE	DAYS	DATES	TIME	RES/NR
92004-A	M-Su	3/27-6/5	4:00P-8:00P	\$187/\$207

Sign up by the deadline of March 10.



78ers Baseball League (Grades 7 - 8)

New this year, due to high enrollment, teams will be limited to 12 per team to ensure adequate playing time. The 78ers Baseball League is a short "warm-up league". This developmental, competitive league is first come first serve to all 7th and 8th graders. Competition will come from other middle schools and recreation departments in the surrounding area. Games are held at Ada Park in Ada and Manhattan Park in East Grand Rapids, and possibly other locations as well. Evaluations will be early March and practices will begin mid to late March. Evaluations will be held indoors in an EGR school gym. Games will be during the week; transportation is not provided. Letters will be sent out in early March with league details and evaluation times. The registration fee includes a team baseball jersey and baseball cap. Players must provide glove, white pants, and shoes/cleats.

Location: Field 2 @ Manhattan Rec. Area

Max. 36

CODE	DAYS	DATES	TIME	RES/NR
41708-Z	TBD	3/20-5/6	TBD	\$162/\$182

(Dates Subject To Change)

Sign up by the deadline of Friday, Feb. 10 to save \$20.

**Program Cancellation Hotline:
940.4800 ext. 301**

YOUTH ENRICHMENT

Art Classes with Debbie

Location: Program Room 103 @ EGR Rec. Dept.
Instructor: Debbie Bell
Min. 4/Max. 10 or 12



Petite Picassos (Ages 4 - 5)

Each day students will be given the opportunity to explore art and their own imagination through the use of clay, paints, and fabric. Each week of camp will have different projects.

Class Will Not Meet On: 2/11

CODE	DAYS	DATES	TIME	RES/NR
34801-A	Sa	1/14-2/25	10:00A-10:45A	\$60/\$75

Drawing (Ages 6 - 12)

This class is for students who want to draw realistically. We will study various drawing techniques. Our drawing subjects will include still life, portraits, animals, nature and landscapes. We will use a variety of media within our compositions.

CODE	DAYS	DATES	TIME	RES/NR
34871-A	W	1/11-2/15	4:30P-5:30P	\$60/\$75

Sculpture (Ages 6 - 12)

Students will explore working with a variety of sculpting materials from clay, plaster, wire and paper. We will develop skills to make a variety of creative 3D projects.

CODE	DAYS	DATES	TIME	RES/NR
34861-A	W	2/22-3/29	4:30P-5:30P	\$60/\$75

Spring Painting (Ages 6 - 12)

This class is for artists who want to learn about watercolor and acrylic painting. Guided step by step instructions and techniques.

CODE	DAYS	DATES	TIME	RES/NR
44821-A	W	4/12-5/17	4:30P-5:30P	\$60/\$75



Kindermusik - Village (Ages 0 - 18 months)

Rhythm of My Day is the theme this session. Through a blend of multi-level activities that include movement, vocal, object and instrument exploration, baby's growth and development are stimulated and all senses engaged.

Location: Program Room 101 @ EGR Rec. Dept.
Instructor: Janet Kremers
Min. 4/Max. 10



CODE	DAYS	DATES	TIME	RES/NR
34550-A1	M-mat.	1/16-3/27	10:30A-11:15A	\$145/\$165
34550-A2	M-no mat.	1/16-3/27	10:30A-11:15A	\$115/\$135

Kindermusik - Our Time (Ages 18 mos. - 3 years)

Adults and children will sing, dance and play instruments together. Enjoy this unique opportunity to interact together in an unhurried and joyful manner. *If you have taken the specific "Fiddle Dee Dee" semester you may sign up under "No Materials".

Class Will Not Meet On: 1/30, 1/31, 2/1, 2/20
Location: Program Room 101 @ EGR Rec. Dept.
Instructor: Janet Kremers
Min. 3/Max. 6

CODE	DAYS	DATES	TIME	RES/NR
34551-A1	M-mat.	1/9-3/27	9:30A-10:15A	\$177/\$197
34551-A2	M-no mat.	1/9-3/27	9:30A-10:15A	\$137/\$157
34551-B1	Tu-mat.	1/10-3/28	10:00A-10:45A	\$177/\$197
34551-B2	Tu-no mat.	1/10-3/28	10:00A-10:45A	\$137/\$157
34551-C1	W-mat.	1/11-3/29	9:30A-10:15A	\$177/\$197
34551-C2	W-no mat.	1/11-3/29	9:30A-10:15A	\$137/\$157

Friday Fun (Ages 3 - 5)

Preschoolers will learn musical terms and concepts through instruments, singing and creative play. Each week will have a different theme such as percussion, pets and more.

Class Will Not Meet On: 1/27 & 2/3
Location: Program Room 101 @ EGR Rec. Dept.
Instructor: Janet Kremers
Min. 4/Max. 8

CODE	DAYS	DATES	TIME	RES/NR
34552-A	F	1/13-2/17	1:00P-1:45P	\$52/\$67
34552-B	F	2/24-3/24	1:00P-1:45P	\$52/\$67

Get Ready, Play! (Ages 4 - 6)

This is an opportunity for your child to gain musical skills prior to future lessons. Your budding musician will be introduced to reading music, both rhythm and pitch, along with building expressive musicianship through movement and learning.

Class Will Not Meet On: 2/20
Location: Program Room 101 @ EGR Rec. Dept.
Instructor: Janet Kremers
Min. 3/Max. 8

CODE	DAYS	DATES	TIME	RES/NR
34553-A	M	1/9-3/27	4:15P-5:15P	\$177/\$197

YOUTH ENRICHMENT

Gymboree Classes

Location: Program Room 101 @ EGR Rec. Dept.

Instructor: Gymboree Instructors

Min. 6/Max. 12 or 15

Baby and Me (Ages 0 - 1)

Explore the senses and support visual and auditory development with tummy time, flashlight play, first songs, cuddle time and more. This baby class includes parent discussion time as well as bubble and parachute time too!

CODE	DAYS	DATES	TIME	RES/NR
34222-A	Tu	1/10-2/14	11:00A-11:45A	\$69/\$84
34222-B	Tu	2/21-3/28	11:00A-11:45A	\$69/\$84

Parachute Play (Ages 1 - 5)

In this fun energetic class for children we offer fun classes devoted to support multi-age learning along with their caregiver. Children are encouraged to socially interact and learn from each other. We bring a bright parachute, amazing Gymboree bubbles, lots of fun equipment to keep class exciting and fun along with songs to get kids moving and promote socialization and cognitive development.

CODE	DAYS	DATES	TIME	RES/NR
34222-C	Tu	1/10-2/14	10:00A-10:45A	\$69/\$84
34222-D	Tu	2/21-3/28	10:00A-10:45A	\$69/\$84

Preschool Prep (Ages 2.5 - 4)

Have fun and get ready for preschool with this amazing class. Your little one will get to sing songs, practice the alphabet, numbers and work on colors while learning the basics of preschool readiness.

CODE	DAYS	DATES	TIME	RES/NR
34222-E	Tu	1/10-2/14	9:00A-9:45A	\$69/\$84
34222-F	Tu	2/21-3/28	9:00A-9:45A	\$69/\$84

Have you heard about Grace?

We'd like to introduce you to Grace! Grace is a 2 1/2 year old Border Collie that is specially trained to chase birds (geese, ducks, seagulls, etc.) off from properties. At John Collins Park she has been responsible for chasing Canada Geese. Grace is trained to not harm the birds but to simply encourage them to live and eat in an alternate location. If spotted at John Collins Park, we ask that you leave Grace alone - she is a working dog that has a difficult task at hand. We discourage any petting, calling, feeding of any kind, but encourage residents to observe her marvelous abilities from a distance. Grace will be with her handler, Jill, at all times. Welcome, Grace!



NEW



Beginning Youth Fencing (Ages 7 - 15)

Fencing is considered an art of enjoyment, a science of arms as well as a sport. Basic skills are achievable in a few weeks. Training for fencing will improve posture, balance, flexibility, reactions and mental agility. You will learn the skills necessary to bout with all provided equipment. Professional coaches, Mikhail (US Olympic Committee Youth Development Coach of the Year in 2004) and Arkady Sarkisov, both of who are former Soviet Champions and World Cup finalists, are among the qualified instructors. This class will be combined with other Parks and Recreation Departments. Class will be held at Grand Rapids Area Fencing Academy (GRAFA) located at 1345 Monroe NW, Suite 102, Grand Rapids, MI 49505.

Location: GRAFA

Instructor: GRAFA Instructors

Min. 8/Max. 16

CODE	DAYS	DATES	TIME	RES/NR
34451-A	Tu	1/10-2/14	6:00P-7:00P	\$70/\$85
34451-B	Tu	2/21-3/28	6:00P-7:00P	\$70/\$85

Peaceful Dragons (Ages 5 - 15)

This fun course is designed for self-defense purposes emphasizing child safety awareness. The children practice martial arts moves to help them get out of dangerous situations. We show them how to walk away from a fight and when necessary, defend themselves. The students have the opportunity to spar (light contact) and to progress to higher belts, additional fees apply. This program is taught by a black belt who has extensive training in teaching children.

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Rachel Ostrowski

Min. 5/Max. 24

CODE	DAYS	DATES	TIME	RES/NR
Beginning Students				
Ages 5 - 8				
34030-A	F	1/27-3/24	6:00P-6:45P	\$79/\$99
Ages 9 - 15				
34030-B	F	1/27-3/24	7:30P-8:15P	\$79/\$99
Returning Students				
Ages 5 - 8				
34030-A1	F	1/27-3/24	6:45P-7:30P	\$79/\$99
Ages 9 - 15				
34030-B1	F	1/27-3/24	8:15P-9:00P	\$79/\$99

NEW

YOUTH ENRICHMENT

Suzuki Violin (Ages 4 - 15)

The arts sustain and lift our spirits! Have an enjoyable experience by attending lessons and learning along with your child. EGR Suzuki Talent Education program allows every child to progress at their own rate and to succeed. Motivation is built into the program by the student's satisfaction through achievement. Students are given many opportunities to show their progress in groups or individually. Group sessions meet on Tuesday starting at 4:15 pm and are based on technical ability, ability to focus, level of current book, and more. Individual and Partner sessions meet on Thursdays and you must speak to Mrs. Weaver to schedule a time. Fees are not prorated. For more information call Gretchen Weaver at 949-5094. Parent involvement is emphasized in this program!

Class Will Not Meet On: 4/4 & 4/6

Location: Orchestra Room @ EGR Middle School

Instructor: Gretchen Weaver, Certified for the 10 Suzuki Units/Books by the Suzuki Assoc. of the Americas

Min. 6/Max. 50

CODE	DAYS	DATES	TIME	RES/NR
34300-A	Tu & Th	1/31-5/23	3:30P-6:30P	\$320/\$340
34300-B	Tu & Th	1/31-5/23	3:30P-6:30P	\$220/\$240
34300-C	Tu & Th	1/31-5/23	3:30P-6:30P	\$120/\$140

Sign up by Monday, January 30 and save \$10.

Babysitting Class (Ages 11 +)

Learn the ins and outs of creating a great babysitting business! Find answers to common babysitting questions such as sibling squabbling, meal time tips, American Heart Association CPR, diapering duties, bedtime tips and much more. Each participant will receive a certificate from Heartbeat, LLC. Please bring a sack lunch.

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Heartbeat, LLC Instructor

Min. 10/Max. 30

CODE	DAYS	DATES	TIME	RES/NR
34410-A	Sa	3/4	9:00A-2:00P	\$49/\$64



Ticket To Ride (Grades 1 - 4)

Delve into the history and mechanics of popular amusement park rides in this imaginative unit. Students will construct a Carousel Swing, Tilt a Whirl, Loop de Loop ride, Swing boat ride, and Merry Go Round. Lessons incorporate principles of physics, described in a way children can understand, such as "G-force" inertia and momentum, as well as math concepts such as "there are 360 degrees in a circle". These engaging lessons will give students an understanding of the physical forces they experience every day.

Location: EGR Elementary Schools

Instructor: B4K Instructors

Min. 8/Max. 16

CODE	DAYS	DATES	TIME	RES/NR
34323-A	M-WE	1/23-2/13	3:45P-4:45P	\$64/\$79
34323-B	W-LA	1/18-2/8	3:45P-4:45P	\$64/\$79
34323-C	Th-BR	1/19-2/9	3:45P-4:45P	\$64/\$79



Newton's Laws of Motion (Grades 1 - 4)

Build fun models out of LEGO® bricks! Create a positive association that science is fun by introducing the "Laws of Motion", made famous by Sir Isaac Newton, by building cool interactive models that demonstrate the principles. Bricks 4 Kidz lessons give students a foundation for understanding concepts that they will delve deeper in years to come. For now, they get to have fun!

Class Will Not Meet On: 2/20

Location: EGR Elementary Schools

Instructor: B4K Instructors

Min. 8/Max. 16

CODE	DAYS	DATES	TIME	RES/NR
34324-A	M-WE	2/27-3/20	3:45P-4:45P	\$64/\$79
34324-B	W-LA	2/15-3/8	3:45P-4:45P	\$64/\$79
34324-C	Th-BR	2/16-3/9	3:45P-4:45P	\$64/\$79

Jurassic Brick Land (Grades 1 - 4)

NEW

Are you ready for the adventure of a lifetime? Put on your hiking boots and camouflage, you're about to enter Jurassic brick land! Students will build a world that comes to life with the terrifying T Rex, the Triceratops and more. Students will learn fascinating facts about amazing dinosaurs and other extinct animals that roamed the earth and swam the seas during the age of dinosaurs.

Class Will Not Meet On: 3/30, 4/3, 4/5, 4/6

Location: EGR Elementary Schools

Instructor: B4K Instructors

Min. 8/Max. 16

CODE	DAYS	DATES	TIME	RES/NR
34325-A	M-WE	3/27-4/24	3:45P-4:45P	\$64/\$79
34325-B	W-LA	3/15-4/12	3:45P-4:45P	\$64/\$79
34325-C	Th-BR	3/16-4/20	3:45P-4:45P	\$64/\$79

ADULT ENRICHMENT

NEW

Women's Wellness Workshop: This Is Your Year! (Ages 18 +)

NEW

What is your New Year's Resolution for 2017? If you are looking to lose a few pounds, control your sugar cravings or simply start eating a healthier diet, this class can help jumpstart your mission and get you moving in the right direction! In this workshop, you will create a personalized action plan that will guide you towards accomplishing your individual health goals. A certified Health Coach will provide guidance, support and accountability to help keep you motivated and on track!

Location: Program Room 101 @ EGR Rec. Dept.

Instructor: Dawn Reed

Min. 6/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
35102-A	W	1/11-2/1	10:00A-11:30A	\$70/\$80

Chocolate and Wellness (Ages 18 +)

NEW

This mini wellness workshop is a chocolate lovers dream come true! Discover the variety of health benefits that come with eating dark chocolate, while you work towards achieving your individual health goals! Each participant will create their own step-by-step wellness plan, to help jumpstart their individual wellness goals! We will sample a few delicious chocolates too!

***This class is not recommended for individuals with special dietary restrictions.**

Location: Program Room 101 for AM Class and Program Room 107 for PM @ EGR Rec. Dept.

Instructor: Dawn Reed

Min. 6/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
35102-B	W	2/8	10:00A-11:30A	\$25/\$35
35102-C	W	2/8	7:00P-8:30P	\$25/\$35

Seed Starting and Germination (Ages 16 +)

Participants will learn hands on seed starting skills as well as how to care for their plants. Each participant will choose from a variety of heirloom non gmo seeds which will be used to start their own starter tray using organic soil mixed in the classroom.

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Julie Brunson

Min. 5/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
35012-A	F	3/31	6:30P-7:30P	\$28/\$38



Lunching at Local Restaurants (Ages 50 +)

Are you interested in dining out with others once a month at a local restaurant? The purpose of the group is to build community and connect with others, while discussing topics of interest...come and make some new friends! Participants will meet at the restaurant at 11:30A. Order and pay for what you'd like off the menu. Please call the Parks and Recreation Department at 949-1750 to RSVP.

Location: To Be Announced

Min. 5/Max. 30

CODE	DAYS	DATES	TIME
36500-A	F	1/20	11:30A-1:00P
36500-B	F	2/17	11:30A-1:00P
36500-C	F	3/17	11:30A-1:00P

We communicate by e-mail!

This is our main form of communication. Please confirm any e-mail changes with our department. This is how we contact you for registrations, class changes, updates and cancellations. Please always check your e-mail before a program begins in case of date, time or location updates.



Follow us on Facebook!

East Grand Rapids: Parks & Recreation Dept.

YOUTH DANCE

Dance Class and Recital Information

Rehearsals will be Sat., April 29 – Fri., May 5 at Pioneer Auditorium in Wealthy Elementary. Classes WILL meet during the school semester and mid-winter breaks. The recital is tentatively scheduled for Sat., May 6 at 10:00A. If this conflicts with an EGR Parks and Rec soccer game please inform your coach or call the office.



NEW

Tiny Toes (Ages 2 - 3)

Your child will have fun in this beginning movement class. This class will help build independence and get your child ready for preschool. Parents will ease out of the room by the last class.

Class Will Not Meet On: 4/3, 4/4, 4/7

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Shannon Fauble

Min. 5/Max. 8

CODE	DAYS	DATES	TIME	RES/NR
34400-A	M	1/30-3/6	11:45A-12:15P	\$58/\$73
34400-A1	M	3/13-4/24	11:45A-12:15P	\$58/\$73
34400-B	Tu	1/31-3/7	9:15A-9:45A	\$58/\$73
34400-B1	Tu	3/14-4/25	9:15A-9:45A	\$58/\$73
34400-C	F	2/3-3/10	9:45A-10:15A	\$58/\$73
34400-C1	F	3/17-4/28	9:45A-10:15A	\$58/\$73

Twinkle Toes 1 (Ages 3 - 4)

The perfect "first dance class"! In this class new dancers will be introduced to basic positions and terminology while learning the grace of ballet and exciting rhythms of tap. This is a great class for the young attention span and teaches movement along with what it means to be a dance student. Ballet and tap shoes required. This class is for 3 year olds and young 4 year olds with no dance experience.

Class Will Not Meet On: 3/31, 4/3, 4/4, 4/6, 4/7

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Shannon Fauble, Annie Vandenberg

Min. 5/Max. 8

CODE	DAYS	DATES	TIME	RES/NR
34401-A	M-SF	1/30-5/1	9:45A-10:30A	\$116/\$136
34401-B	M-SF	1/30-5/1	10:45A-11:30A	\$116/\$136
34401-C	Tu-SF	1/31-5/2	10:00A-10:45A	\$116/\$136
34401-D	Th-AV	2/2-5/4	9:15A-10:00A	\$116/\$136
34401-E	F-SF	1/27-5/5	10:30A-11:15A	\$116/\$136

Twinkle Toes 2 (Ages 4 - 5)

In this class, dancers will learn positions, basic terminology and continue to expand ballet and tap skills. Dancers will also work on rhythm, locomotor skills and coordination. This class is great for the new or returning 5 year old dancer or for 4 year olds with at least one session of TT 1. Ballet and tap shoes required.

Class Will Not Meet On: 3/31, 4/4, 4/6, 4/7

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Annie Vandenberg, Shannon Fauble

Min. 5/Max. 8



CODE	DAYS	DATES	TIME	RES/NR
34402-A	Tu-AV	1/31-5/2	11:00A-11:50A	\$123/\$143
34402-B	Tu-SF	1/31-5/2	11:00A-11:50A	\$123/\$143
34402-C	Tu-SF	1/31-5/2	3:45P-4:35P	\$123/\$143
34402-D	Th-AV	2/2-5/4	10:15A-11:05A	\$123/\$143
34402-E	F-SF	1/27-5/5	11:30A-12:20P	\$123/\$143

Beyond Twinkle Toes (Ages 5 - 7)

This class is a slightly more difficult combination of ballet and tap. This class is for dancers who have taken Twinkle Toes 2 at least twice. Ballet and tap shoes required by 2nd class. Dance clothes preferred.

Class Will Not Meet On: 4/4

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Shannon Fauble

Min. 5/Max. 8

CODE	DAYS	DATES	TIME	RES/NR
34403-A	Tu	1/31-5/2	4:45P-5:35P	\$123/\$143

Beyond Twinkle Toes 2 (Ages 7 - 9)

This class is for the dancer who would like to continue their training in ballet, tap and jazz. Perfect for those dancers who have completed Twinkle Toes or Big Kids classes and are ready to move on.

Class Will Not Meet On: 4/5

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Annie Vandenberg

Min. 5/Max. 8

CODE	DAYS	DATES	TIME	RES/NR
34404-A	W	2/1-5/3	4:00P-4:50P	\$123/\$143

Big Kids Jazz (Ages 7 - 9)

This is an introduction to jazz technique. Dancers will work on basic jazz steps in the center traveling and have a chance to learn some fun choreography. This is a way to get your heart pumping and learn some dance in a high energy and upbeat environment. Jazz shoes required.

Class Will Not Meet On: 4/4

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Shannon Fauble

Min. 5/Max. 8

CODE	DAYS	DATES	TIME	RES/NR
34431-A	Tu	1/31-5/2	5:45P-6:35P	\$123/\$143

YOUTH DANCE & YOGA

Big Kids Combo (Ages 9 - 13)

This class is for experienced dancers to continue expanding their skills. Dancers will work in tap and jazz and will also start learning how to work together to create their own choreography. Students should have completed BTT 2, our "Big Kids" classes, or have similar dance experience. Jazz and tap shoes required.

Class Will Not Meet On: 4/5

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Annie VandenBerg

Min. 5/Max. 8

CODE	DAYS	DATES	TIME	RES/NR
34434-A	W	2/1-5/3	5:00P-6:00P	\$123/\$143

Kids Hip Hop (Ages 3 - 8)

This dance class combines upbeat music from different genres while emphasizing exercise, movement and self-expression.

Class Will Not Meet On: 2/20

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Tiffany Owens

Min. 6/Max. 10

CODE	DAYS	DATES	TIME	RES/NR
34223-A	M	1/9-3/20	5:30P-6:00P	\$53/\$68

Intro. to Irish Dance (Ages 5 - 13)

This class offers entry-level instruction in Irish dancing technique and provides an excellent cardio workout while building confidence. No prior dance experience is required. Our mission is to offer quality Irish Dance instruction for boys and girls, while providing a safe, supportive and positive learning environment that lends itself to developing well-rounded and confident dancers. *Must NOT be enrolled in another CLRG certified Irish dancing school.

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Elizabeth Brennan

Min. 3/Max. 10

CODE	DAYS	DATES	TIME	RES/NR
34428-A	Tu	1/10-3/14	4:00P-5:00P	\$72/\$87



Nutcracker in a Nutshell (Ages 5 - 12)

You get to go shopping while your child has fun learning all about the "Nutcracker". Please bring a lunch for this class.

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Annie VandenBerg, Shannon Fauble

Min. 6/Max. 16

CODE	DAYS	DATES	TIME	RES/NR
24405-A	Sa	12/10	9:00A-3:00P	\$59/\$74

Youth Yoga (Ages 6 - 12)

Join the fun! We'll practice a variety of kid-friendly yoga poses, increasing flexibility, strength, and coordination. Boys and girls will love playing yoga games while learning how to manage stress, relax and concentrate. Yoga mats are available at the Parks & Recreation Dept., or bring your own mat. Your child should wear comfortable exercise clothing and bring a water bottle. **Please be courteous and arrive a few minutes early and silence all cell phones. We also ask that no perfume or cologne be applied prior to class.**

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Denise Mollenhauer

Min. 8/Max. 18

CODE	DAYS	DATES	TIME	RES/NR
34700-A	M	1/2-3/27	4:30P-5:25P	\$107/\$127

Teen Yoga (Ages 13 - 19)

You'll increase strength, flexibility and coordination in this class designed just for teens. Yoga mats are available at the Parks and Rec. Dept., or bring your own mat. Please wear comfortable exercise clothes and bring a water bottle, blanket or towel. **Please be courteous and arrive a few minutes early and silence all cell phones. We also ask that no perfume or cologne be applied prior to class.**

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Denise Mollenhauer

Min. 8/Max. 18

CODE	DAYS	DATES	TIME	RES/NR
34700-B	M	1/2-3/27	3:25P-4:20P	\$107/\$127



ADULT LEISURE & EDUCATION

Abstract Painting (Ages 16 +)

Students will study and practice similar art work from abstract artists: Pablo Picasso, Jackson Pollock and Wassily Kandinsky.

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Debbie Bell

Min. 6/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
35303-A	Th	1/12-2/16	9:15A-11:15A	\$87/\$107

Artist Studio (Ages 16 +)

We are offering space to work on your own art projects with other community artists. Art instructor Debbie Bell will be available for students to ask questions, give feedback and help you complete your work of art. Students bring your own supplies to complete your art project of choice.

Location: Program Room 103 @ EGR Rec. Dept

Instructor: Debbie Bell

Min. 5/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
35306-A	F	2/24-3/24	1:00P-3:00P	\$73/\$88

Beginning Drawing (Ages 16 +)

Students will learn basic drawing techniques to help them "see" as an artist. Still life set ups will be drawn with multi-grade pencils. Please see receipt for supply list.

Class Will Not Meet On: 2/10

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Debbie Bell

Min. 5/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
35309-B	F	1/13-2/17	1:00P-3:00P	\$73/\$88

Beginning Watercolors (Ages 16 +)

Learn techniques in watercolor and how to control it to create beautiful works of art. Step by step instruction is offered while implementing your own unique twist. Please see receipt for supply list.

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Debbie Bell

Min. 5/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
35302-A	Th	2/23-3/30	9:15A-11:15A	\$87/\$107



Creative Art Therapy (Ages 18 +)

Adults with special needs are invited to work with their imagination to create art. The focus will not be on skills but rather the joy of art through creativity. Debbie Bell will work with each individual and their capabilities with step by step instruction using themed acrylic and collage painting. Supplies are provided.

Class Will Not Meet On: 2/10

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Debbie Bell

Min. 5/Max. 12

CODE	DAYS	DATES	TIME	RES/NR
35304-A	F	1/6-2/17	10:00A-12:00P	\$109/\$129
35304-B	F	2/24-3/31	10:00A-12:00P	\$109/\$129

Bridge Class: Novice and Intermediate (Ages 18 +)

The East Grand Rapids Recreation Department in conjunction with the Grand Rapids Bridge Club is pleased to be offering bridge lessons at both the novice and intermediate level.

The novice class will introduce participants to the wonderful and exciting card game of bridge. The class will cover the basics of the three aspects of the game - bidding, play of the hand, and defense.

The intermediate class is for those that already have some experience playing the game. This class will focus on learning bidding conventions such as stayman, transfers, opening weak-two bids, negative doubles, etc.

Participants in both classes will learn by bidding and playing and then discussing bridge hands instead of listening to lectures.

Location: Program Room 101 – Novice Class,

Program Room 102- Intermediate Class

Instructor: John Molt-Intermediate class; Cristi Nelson-Novice class

Min. 8/Max. 16

CODE	DAYS	DATES	TIME	RES/NR
Novice				
35230-A	W	1/4-2/8	6:00P-8:00P	\$64/\$79
Intermediate				
35230-A1	W	1/4-2/8	6:00P-8:00P	\$64/\$79

Digital Photography 101 (Ages 16 +)

Digital cameras are powerful tools, but they only produce great results when you know how to use all the features. Join Grand Rapids photographer, Josh Weiland, for a hands-on photography course! If your photos are sometimes too light, too dark, or just plain blurry, Josh's course can teach you how to easily fix those frustrating problems. This photography course is designed for anyone who already owns a camera and wants to learn how to properly use its settings and modes to take better photos of family, friends, or nature.

Location: Program Room 101 @ EGR Rec. Dept.

Instructor: Josh Weiland

Min. 5/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
35310-A	W	3/8-3/22	6:30P-8:30P	\$51/\$66

ADULT LEISURE

Adult Hip Hop (Ages 14 +)

This dance class combines upbeat music from different genres while emphasizing exercise, movement and self-expression.

Class Will Not Meet On: 2/20

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Tiffany Owens

Min. 4/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
35223-A	M	1/9-3/20	6:05P-6:50P	\$71/\$86



Beginning Ballroom and Latin (Ages 18 +)

Are you looking to learn how to ballroom dance for a special occasion or for a fun evening activity? Well look no further! Introduction to Ballroom and Latin Dance is an excellent class for beginners to learn in a supportive and friendly environment. A partner is required for this class. Please sign them up under 35525- A1

Location: Prog. Rooms 101/102 @ EGR Rec. Dept.

Instructor: John and Sally Panchuk

Min. 4/Max. 12

CODE	DAYS	DATES	TIME	RES/NR
35525-A	Th	1/12-3/30	6:30P-7:30P	\$144/\$164
35525-A1	Th	1/12-3/30	6:30P-7:30P	\$0/\$0



Continuing Ballroom and Latin (Ages 18 +)

Take your dance to the next level in Continuing Ballroom and Latin. Students will transform from beginners to experienced ballroom dancers through review from Introduction to Ballroom along with learning fun new steps. A partner is required for this class. Please register partner under B1.

Location: Prog. Rooms 101/102 @ EGR Rec. Dept.

Instructor: John and Sally Panchuk

Min. 4/Max. 12

CODE	DAYS	DATES	TIME	RES/NR
35525-B	Th	1/12-3/30	7:30P-8:30P	\$144/\$164
35525-B1	Th	1/12-3/30	7:30P-8:30P	\$0/\$0

Intro to Retro Dance (Ages 18 +)

Let's go back in time to the great decades of the past! Join us as we experience the joy in doing the Waltz, Fox Trot, Jitterbug and more. Partner is required. Please register your partner in 25525-C1

Location: Prog. Rooms 101/102 @ EGR Rec. Dept.

Instructor: John and Sally Panchuk

Min. 4/Max. 12

CODE	DAYS	DATES	TIME	RES/NR
35525-C	Tu	1/10-3/28	6:30P-7:30P	\$144/\$164
35525-C1	Tu	1/10-3/28	6:30P-7:30P	\$0/\$0

SPECIAL EVENTS

Sweet Heart Dance

(Daddy Daughter Dance)

EGR Middle School Cafe & Gymnasium

Fathers, grandpas, uncles and special friends, make sure your sweetheart's first dance is a memorable one! Put on your dancing shoes and enjoy a date night with your sweetheart at the annual Sweet Heart Dance!

Girls are invited to bring their favorite adult date (dad, grandpa, uncle or friend) to this semi-formal event. The evening includes your sweetheart's choice of corsage, DJ dancing, delicious refreshments, and a keepsake photograph to remember your unforgettable evening (please bring your personal camera or smartphone for photo).

Themed Tie Contest Info:

Show up wearing your tie and let our judges determine if your neck has what it takes to earn the title "Craziest Tie in East Grand Rapids!"



Ages 4 - 14

Location: EGR Middle School

Min. 40/Max. 375

CODE	DAY	DATE	TIME	RES/NR
34600-A	Sa-Cpl.	2/11	5:30P-8:30P	\$37/\$47
34600-B	Sa-Indiv.	2/11	5:30P-8:30P	\$25/\$35

Sign up by the deadline of Feb. 3 to receive a \$5 discount.



ADULT FITNESS

PUNCH CARD SYSTEM & GUIDELINES

Punch cards are only for **Total Body Workout and Zumba**. Your fitness punches will no longer expire with our card system!

Each fitness participant will receive a bar coded photo ID that will be scanned with each visit. Photos will be required for the initial purchase and must be taken at the Parks & Recreation Department counter.

After your initial purchase you may add additional punches at any time at the Recreation Department. There is no online registration.

You may bring a family member, friend or guest, but you must be present. The punch card continues to allow flexibility and the possibility to try new classes. **Class Will Not Meet On: Class dates TBD**

PUNCH#	RES/NR
5	\$36/\$46
10	\$66/\$81
20	\$120/\$140
Drop-in	\$8/\$10

Total Body Workout (Ages 15 +)

This fun hour long class provides an excellent overall workout! Come join us! We'll focus on cardio and strength training using hand weights, resistance tubes, weighted bars, and workout balls. This class incorporates a lot of variety to keep you motivated! Choose any combination of days and times that fit your schedule! Total Body Workout is ideal for beginner through advanced exercisers. Please bring a clean pair of gym shoes and water bottle to class.

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Joan Otte

Max. 25

DAYS	TIME
M	7:40A-8:25A or 8:30A-9:30A
W	7:40A-8:25A or 8:30A-9:30A
F	7:40A-8:25A or 8:30A-9:30A

Zumba (Ages 13 +)

You'll have an absolute blast in one exhilarating hour of calorie burning, heart racing, muscle pumping, and body energizing movements. By integrating Zumba into your life, you'll achieve long term benefits! Salsa/Merengue, Samba, Cumbia, African, Reggaeton, Belly Dance and more... simple dance steps for an efficient workout with tantalizing international music...Zumba is for everyone! Please wear comfortable exercise clothes, gym shoes, and bring a water bottle. Check it out at www.Zumba.com

Location: Program Rooms 102 or 104 @ EGR Rec. Dept.

Instructor: Annie Vandenberg

Min. 10/Max. 17

DAYS	TIME
Tu	9:40A-10:40A
W	6:30P-7:30P
F	9:40A-10:40A



Beginning Yoga with Pilates (Ages 16 +)

Everyone can benefit from practicing yoga and Pilates! Come join us in a class paced just right for beginners. You'll improve strength, flexibility, coordination and range of motion. You'll also enjoy reduced stress, relaxation, and improved circulation. Yoga mats are available at the Parks & Rec. Dept., or you may bring your own mat. Please wear comfortable exercise clothes. You may also want to bring a water bottle, blanket or towel. **Also, please be courteous and arrive a few minutes early and silence all cell phones. We also ask that no perfume or cologne be applied prior to class.**

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Denise Mollenhauer

Min. 8/Max. 18

CODE	DAYS	DATES	TIME	RES/NR
36255-A	M	1/2-3/27	6:45P-7:45P	\$107/\$127
36255-C	Tu	1/3-3/28	9:15A-10:15A	\$107/\$127



Continuing Yoga with Pilates (Ages 16 +)

Now that you've mastered the beginning stages of yoga, you're ready to move to the next step! This class introduces more challenging poses, while enhancing familiar poses with more detail. We'll incorporate the Pilates method, famous for developing strength, flexibility and coordination. Participants should have completed at least one session of Beginning Yoga with Pilates and/or have some previous experience with yoga and Pilates. Yoga mats are available at the Parks & Rec. Dept., or bring your own. Please wear comfortable exercise clothes; you may also want to bring a blanket or towel and water bottle. **Also, please arrive a few minutes early and silence all cell phones. We also ask that no perfume or cologne be applied prior to class.**

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Denise Mollenhauer

Min. 8/Max. 18

CODE	DAYS	DATES	TIME	RES/NR
36255-B	M	1/2-3/27	5:35P-6:35P	\$107/\$127

ADULT FITNESS

Gentle Chair Yoga (Ages 16 +)

Everyone can benefit from practicing yoga and Pilates! Come join us in a class set at the pace just right for you and your comfort. You'll improve strength, flexibility, coordination and range of motion. You'll also enjoy reduced stress, relaxation, and improved circulation. Yoga mats are available at the Parks & Rec. Dept., or you may bring your own mat. Please wear comfortable exercise clothes. You may also want to bring a water bottle, blanket or towel. **Also, please be courteous and arrive a few minutes early and silence all cell phones. We also ask that no perfume or cologne be applied prior to class.**

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Denise Mollenhauer

Min. 8/Max. 18

CODE	DAYS	DATES	TIME	RES/NR
36255-D	Tu	1/3-3/28	10:20A-11:20A	\$107/\$127



Capoeira (Ages 16 +)

NEW

Capoeira is a martial art that combines elements of fighting, acrobatics, music and dance in a very elegant and magnetic way. This multi-disciplinary and cultural class combines physical movements, singing, stories and musical instruments.

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Juston Espinoza

Min. 6/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
35224-A	Th	1/19-2/23	7:00P-8:00P	\$60/\$75



Introducing DeAnna and Juston Espinoza, Capoeira Instructors!

DeAnna "Graduada Pipoca" and Juston "Monitor Talento" Espinoza have been teaching and training Capoeira together for a decade. The husband and wife duo have led classes, workshops and performed for various organizations and events throughout Michigan. Through their experience and dedication to the martial art, DeAnna and Juston have earned a place and are respected and highly ranked members of Michigan's Capoeira community. Come kick it with DeAnna and Juston!

POOL MEMBERSHIPS

Memberships

Memberships are available for both residents and non-residents, students and senior citizens. All passes must be purchased over the phone or at EGR Parks & Rec. Dept. during normal business hours; Monday through Friday 8:00A-5:00P.

Resident Membership

Type	Adult	55+	19 & Under	Family
10 Visit	\$25	\$18	\$18	NA
3 month	\$52	\$36	\$36	\$108
6 month	\$91	\$62	\$62	\$188
1 year	\$160	\$107	\$107	\$275

Non-Resident Membership

Type	Adult	55+	19 & Under	Family
10 Visit	\$35	\$24	\$24	NA
3 month	\$72	\$49	\$49	\$152
6 month	\$126	\$84	\$84	\$265
1 year	\$220	\$147	\$147	\$358

Drop in Rates

Money will be taken at the pool for those without a membership or punch card. The rates are \$3 for residents and \$4 for non-residents. Payment can be made in the form of cash or check made payable to the EGR Parks and Rec. Dept. Please bring exact cash amount if possible.

Silver & Fit for Aquatics

Wealthy Pool and the EGR High School Pool are now hosting locations to the Silver & Fit program.

If you are 65 years of age or older and have qualifying insurance, email our office at egrrec@eastgr.org or call 616.949.1750 for more information.

Eligibility includes pool membership for drop-in swimming.
*Not eligible for programs.



**EAST GRAND RAPIDS:
PARKS & RECREATION DEPT.**

RESERVE YOUR POOL PARTY TODAY!

Rental Information

Wealthy Pool and the High School Pool are available for private rental on a space available basis. Please complete the online pool rental form to begin the rental process. Call 949.1750 or visit www.eastgr.org for rules and policies.

High School Pool - Rental rate includes the cost of two guards, which can accommodate up to 50 swimmers (use of the diving board may require a third guard).

Wealthy Pool - Rental rate includes the cost of one guard, which will accommodate up to 25 swimmers. Rentals that have a majority of users under the age of 11 may require a second guard.

Wealthy Pool Party - Rental rate includes the cost of two lifeguards, the use of the multi-purpose room (great for presents & cake time) and swimming for up to 35 swimmers.

RATES (Includes Lifeguard Fees)

	RES	NR
Wealthy Pool	\$75/hr.	\$96/hr.
Wealthy Party	\$148/hr.	\$189/hr.
High School Pool	\$157/hr.	\$199/hr.
Add Lifeguard	\$12.50/hr.	\$12.50/hr.

**Find a Pool Schedule
online at our website!**

REGISTER ONLINE

www.eastgr.org

IT'S QUICK & EASY

616.949.1750

Call for your username and password

swimEGR

The Aquatics Department is excited to announce our swimEGR Learn to Swim program.

swimEGR offers a progression of Learn to Swim classes to meet the needs of your swimmer. Class focus is on skill development and swimmer safety. Our instructors provide a safe, educational and fun environment for your swimmer to excel. Group and private lessons are available.



Parent Child (Ages 0 - 3)

This class allows parents and children to learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The classes are fun-filled and help introduce water safety concepts, encouraging a healthy recreational habit that your family can enjoy.

Location: Wealthy Pool @ Wealthy School

Min. 6/Max. 10

CODE	DAYS	DATES	TIME	RES/NR
33010-A	Sa	1/7-2/11	9:00A-9:30A	\$58/\$73
33010-B	M	1/9-2/13	6:00P-6:30P	\$58/\$73
5 week session				
33010-A1	Sa	2/25-3/25	9:00A-9:30A	\$48/\$63
33010-B1	M	2/27-3/27	6:00P-6:30P	\$48/\$63

Beginner Level 1 (Ages 2 - 6)

This is a swimmer's first class without a parent in the water. This class will help swimmers gain greater independence in their skills and develop more comfort in and around the water. Skills include: open eyes under water and retrieve submerge objects and front and back floats and glides.

Location: Wealthy Pool @ Wealthy School

Min. 4/Max. 4

CODE	DAYS	DATES	TIME	RES/NR
33030-A	Sa	1/7-2/11	9:30A-10:00A	\$58/\$73
33030-B	Sa	1/7-2/11	10:30A-11:00A	\$58/\$73
33030-C	M	1/9-2/13	6:30P-7:00P	\$58/\$73
33030-D	M	1/9-2/13	6:30P-7:00P	\$58/\$73
33030-E	W	1/11-2/15	6:30P-7:00P	\$58/\$73

5 week session

33030-A1	Sa	2/25-3/25	9:30A-10:00A	\$48/\$63
33030-B1	Sa	2/25-3/25	10:30A-11:00A	\$48/\$63
33030-C1	M	2/27-3/27	6:30P-7:00P	\$48/\$63
33030-D1	M	2/27-3/27	6:30P-7:00P	\$48/\$63
33030-E1	W	3/1-3/29	6:30P-7:00P	\$48/\$63

Advanced Level 1 (Ages 3 - 6)

This level helps swimmers begin to gain basic swimming skills including jumping in, front and combined arm and leg action on front and back. Swimmers will begin work on recovering to a vertical position, alternating and simultaneous leg actions on front and back.

Location: Wealthy Pool @ Wealthy School

Min. 4/Max. 4

CODE	DAYS	DATES	TIME	RES/NR
33040-A	Sa	1/7-2/11	10:00A-10:30A	\$58/\$73
33040-B	Sa	1/7-2/11	11:00A-11:30A	\$58/\$73
33040-C	M	1/9-2/13	7:00P-7:30P	\$58/\$73
33040-D	M	1/9-2/13	7:00P-7:30P	\$58/\$73
33040-E	W	1/11-2/15	6:00P-6:30P	\$58/\$73

5 week class

33040-A1	Sa	2/25-3/25	10:00A-10:30A	\$48/\$63
33040-B1	Sa	2/25-3/25	11:00A-11:30A	\$48/\$63
33040-C1	M	2/27-3/27	7:00P-7:30P	\$48/\$53
33040-D1	M	2/27-3/27	7:00P-7:30P	\$48/\$63
33040-E1	W	3/1-3/29	6:00P-6:30P	\$48/\$63

Level 2 (Ages 5+)

Swimmers will focus on the following skills: fully submerge and hold breath, rolling from front to back and back to front. Swimmers will continue working on building confidence with front and back crawl and begin work on endurance skills.

Location: Wealthy Pool @ Wealthy School

Min. 5/Max. 5

CODE	DAYS	DATES	TIME	RES/NR
33120-A	Sa	1/7-2/11	10:00A-10:30A	\$58/\$73
33120-B	M	1/9-2/13	6:00P-6:30P	\$58/\$73
33120-C	W	1/11-2/15	7:00P-7:30P	\$58/\$73

5 week session

33120-A1	Sa	2/25-3/25	10:00A-10:30A	\$48/\$63
33120-B1	M	2/27-3/27	6:00P-6:30P	\$48/\$63
33120-C1	W	3/1-3/29	7:00P-7:30P	\$48/\$63

Level 3 (Ages 5 +)

Level 3 encourages stroke development through additional guided practice in deeper water. New techniques and strokes are learned while building endurance of fundamental and new skills. Skills include: rotary breathing, stream line, and flutter and dolphin kicks.

Location: Wealthy Pool @ Wealthy School

Min. 5/Max. 5

CODE	DAYS	DATES	TIME	RES/NR
33130-A	Sa	1/7-2/11	10:30A-11:00A	\$58/\$73
33130-B	M	1/9-2/13	6:30P-7:00P*	\$58/\$73
33130-C	W	1/11-2/15	7:00P-7:30P	\$58/\$73

5 week session

33130-A1	Sa	2/25-3/25	10:30A-11:00A	\$48/\$63
33130-B1	M	2/27-3/27	6:30P-7:00P*	\$48/\$63
33130-C1	W	3/1-3/29	7:00P-7:30P	\$48/\$63

* Updated class time after printed copies

Level 4 (Ages 5 +)

Stroke Improvement builds confidence and endurance in the water. Skills include: Headfirst entries from the side in compact and stride positions, open turns, added technique to strokes, survival swimming, and tread water using two different kicks.

Location: Wealthy Pool @ Wealthy School

Min. 5/Max. 5

CODE	DAYS	DATES	TIME	RES/NR
33140-A	Sa	1/7-2/11	9:30A-10:00A	\$58/\$73

5 week session

33140-A1	Sa	2/25-3/25	9:30A-10:00A	\$48/\$63
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New Stroke Camp (Ages 5 +) *formerly Level 5

NEW

Stroke Refinement provides further coordination and added technique to strokes. Skills include: freestyle, backstroke, breaststroke, sidestroke, butterfly, and flip turns.

Location: Wealthy Pool @ Wealthy School

Min. 5/Max. 5

CODE	DAYS	DATES	TIME	RES/NR
33150-A	Sa	1/7-2/11	9:00A-9:30A	\$58/\$73

5 week session

33150-A1	Sa	2/25-3/25	9:00A-9:30A	\$48/\$63
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Jr. Lifeguarding (Ages 9 - 14)

NEW

Jr. Lifeguarding is for:

- Swimmers who have been successful with Level 4 and above
- Swimmers who want to stay active in swimming
- Those not old enough to take lifeguard training

Students will learn:

- Jr. Lifeguarding skills (reach and throw rescues)
- Emergency action plans
- Refine strokes (especially those used in lifeguarding, freestyle, approach stroke and breaststroke)
- Pool Chemical testing (pH and Chlorine levels)
- Preventative lifeguarding

Volunteer opportunities are available for those that complete the class. Class material will help those who plan on taking the lifeguard training course when they are 15 years old.

Location: Wealthy Pool @ Wealthy Elementary School

Min. 4/Max. 12

CODE	DAYS	DATES	TIME	RES/NR
33325-A	W	1/11-2/8	6:00P-6:45P	\$64/\$79
33325-B	W	2/22-3/29	6:00P-6:45P	\$64/\$79

Jr. Lifeguarding 2 (Age 9 - 14)

NEW

For those who have completed Jr. Lifeguarding. Additional skills and opportunities will be offered.

CODE	DAYS	DATES	TIME	RES/NR
33325-C	W	2/22-3/29	6:00P-6:45P	\$64/\$79



Private Swim Lessons (All Ages)

Do you want to become a stronger swimmer for a triathlon? Does your little swimmer need some extra attention while learning how to put their eyes in the water? Are you trying to perform a flip turn? Private swim lessons are a great way to meet one on one with an instructor who can assist you with mastering swimming skills.

Location: Wealthy Pool @ Wealthy School

RES	NR
\$29	\$39

Contact Betsy at the EGR Recreation Department, 616-949-1750, to schedule your lesson. Lessons are available during the daytime, evenings and on the weekends.

AQUATIC FITNESS

Aqua Fit (Ages 15 +)

Join these restructured upbeat classes designed to burn fat, calories and strengthen and tone the body. The resistance of the water gives you a great workout while the buoyancy of the water is easy on your joints. You don't even need to know how to swim.

Location: Wealthy Pool @ Wealthy School

Instructor: Angela Crompton

Min. 10/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
New Year - New You, Try Aqua Fit for a special one day class				
33210-A	Th	1/5	7:00P-8:00P	\$5/\$10
One day a week				
33210-A1	Tu or Th	1/10-2/16	7:00P-8:00P	\$63/\$78
33210-B1	Tu or Th	2/21-3/30	7:00P-8:00P	\$63/\$78
Two days a week				
33210-A2	Tu & Th	1/10-2/16	7:00P-8:00P	\$126/\$146
33210-B2	Tu & Th	2/21-3/30	7:00P-8:00P	\$126/\$146

Splash Fitness (Ages 18 +)

Splash Fitness is a high energy, get your body moving water fitness class. Grab your friends you won't want to miss this class. Gets your heart rate working all while in the joint easy comfort of the water.

Location: Wealthy Pool @ Wealthy School

Min. 8/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
New Year - New You, Try Splash Fitness for a special one day class				
33200-A	Th	1/5	11:00A-12:00P	\$5/\$10
33200-A2	Tu & Th	1/10-2/16	11:00A-12:00P	\$126/\$146
33200-B2	Tu & Th	2/21-3/30	11:00A-12:00P	\$126/\$146

NEW

Gentle Aquatic Exercise (Ages 18 +)

Gentle Aquatic Exercise or GAE is gentle yet challenging ... exercising your mind as well as your body! This class is designed to improve breathing, balance, posture, circulation, joint mobility and general ease of movement. A variety of exercise methods including Ai Chi, Feldenkrais, Water Qigong, and Arthritis Foundation exercises will be taught. Be a part of the fun ... meet new friends and get ready for the day in the warm water of Wealthy Pool. Open to non-swimmers.

Location: Wealthy Pool @ Wealthy School

Instructor: Diane Collier

Min. 8/Max. 18



CODE	DAYS	DATES	TIME	RES/NR
New Year - New You, Try GAE for a special one day class				
33220-A	W	1/4	9:30A-10:30A	\$5/\$10
6 week sessions				
33220-A2	M & W	1/9-2/15	9:30A-10:30A	\$126/\$146
33220-B2	M & W	2/20-3/29	9:30A-10:30A	\$126/\$146

100 Mile Club - 2017 (Ages 15 +)

Swim 100 Miles in one Calendar year and you will get a t-shirt, and your name up at the wall! Track your mileage with the staff at the pool and receive monthly postings and updates with your distances.

Location: High School Pool @ EGR High School

Min. 6/Max. 100

CODE	DATES	RES/NR
33280-E	1/1-12/31	\$10/\$15

Triathlon Training (Ages 15 +)

Are you ready to try your first Triathlon? Do you want to get stronger with your swimming? Veteran triathlete and swim coach Mallory Buth is ready to help you reach your swimming goals. Training sessions are available evenings and on weekends. Contact Betsy at the EGR Rec Dept. to schedule your training session.

Location: EGR HS Pool and Wealthy Pool

Training Session: 30min

Fee: Res \$29 NR \$39



NEW

UPCOMING EVENTS

2017 Summer Concert Series

Is your band interested in submitting an application for the 2017 Summer Concert Series? If so, please email the following information to pslater@eastgr.org.

The 2017 Summer Concert Series, sponsored by United Bank of Michigan, will take place on the John Collins Park Plaza located at 650 Lakeside Dr. in East Grand Rapids on Reeds Lake. Concerts start at 7:00 pm and must be at least an hour and a half in length. In case of severe weather concerts may be cancelled and will not be re-scheduled.

- **Submit a one-page description of the band and its history.**
- **Your needs for a concert venue.**
- **Electricity is available (2 double outlets); sound amplification and electrical cords must be supplied by band if needed.**
- **A facts page on the band with musical influences, member information, contact numbers and names, and references.**
- **Feel free to include any other write-ups, news articles, or information pertaining to the band.**
- **A link to a website, audio attachment, a tape or CD that includes at least 2 different types of music your band plays.**

**ON
MONDAY
NIGHTS!**

The East Grand Rapids Parks and Rec Dept. may also use these submissions to possibly schedule bands for other special events.

Mail information to:

East Grand Rapids Parks and Rec Dept.
Attn: 2017 Band Entries
750 Lakeside Dr. SE
East Grand Rapids, MI 49506



2016 Concert





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750 Lakeside Dr.
East Grand Rapids, MI 49506**

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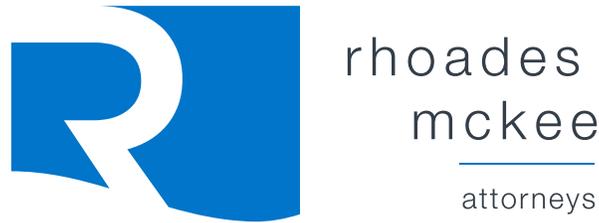
THANK YOU



Rhoades McKee Reeds Lake
TRIATHLON · DUATHLON

The 33rd Rhoades McKee Reeds Lake Triathlon-Duathlon-Aqua Bike was a success due in large part to our wonderful sponsors. Thank you for your generosity and partnership! We'd like to also thank our enthusiastic volunteers and Public Safety officers who assisted in keeping the race course safe for everyone. A hearty congratulations to the athletes for your energy and commitment.

See you next time on September 9, 2017!



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**YOUR
AD
COULD BE
HERE**

**CONTACT EGR PARKS & RECREATION
FOR AD RATES**

REGISTRATION

STEP 1: You may register using 1 of 5 ways: online, phone, fax, by mail, or in person.



www.eastgr.org



616.949.1750



616.831.6144



750 Lakeside Dr. SE
East Grand Rapids, MI



8:00A-5:00P
Mon. - Fri.

STEP 2: If you register by mail or fax, please send or fax the following form.
Registration begins October 13 for residents and October 20 for non-residents.

EGR PARKS & RECREATION REGISTRATION FORM

Parent Name

Enrollee Name	Birthdate	Gender	Grade	Program Name/Code	School
<input type="text"/>					
<input type="text"/>					
<input type="text"/>					

Address

Phone Cell Email

STEP 3: Choose your method of payment and complete the remaining portion of the form. *The registration fee must be paid upon registering.*



Name on Card/Credit Card Type/Number/Expiration

Check Number OR Money Order Number
(please include check or money order with registration form)

Signature/Date

TERMS & CONDITIONS

Household Transfers: Individuals may transfer from an enrolled program to another currently publicized program without incurring an administrative fee. Transfers must be made two full business days prior to the starting date of the program you are cancelling. If there is a difference in class fees, the difference will need to be paid at the time of the transfer and/or any remaining credit balance will be placed on your household account for future use.

Program Cancellations: Must be made a minimum of five full business days prior to the start of the program and will incur a 20% administrative fee up to a maximum of \$15 for each program. Program cancellations made a minimum of two full business days prior to the start of the program will incur a 40% administrative fee up to a maximum of \$30 for each program.

League Sport Cancellations: Must be made a minimum of five full business days prior to the leagues first game. Cancellations will incur a 20% administrative fee up to a maximum of \$15 for each program. Cancellation refunds will not be granted for any cancellations made less than 5 full business days prior to the first scheduled game.

Injury or Illness: Refunds can be given to individuals who are injured or ill. A doctor's statement, verifying the illness or injury, must be received within two weeks from the time of the illness or injury for a refund to be considered. We reserve the right to issue a partial refund determined by the amount of participation in the program prior to the illness or injury.

Waiting List Guidelines: We will create waiting lists for programs/activities that reach maximum capacity and/or for registrants who register after the deadline. Waiting lists are kept in chronological order for placing enrollees if openings develop. It is important for parents/participants to understand coaches and instructors do not have the authority to add participants to their roster. Waiting list placement will be made solely by the departmental staff for consistency and fairness. Any participant added to a roster without the consent of the Recreation Department will be grounds for dismissal from the activity and a one-year suspension from future programs.

Sign Up Guidelines for Youth League Sports: We will accept all sign ups for youth league sports by the deadline date. Signing up prior to the deadline, participants receive a \$20 discount and are guaranteed placement on a team. Participants may sign up for a sport after the deadline only if slots are available. If teams are filled, participants will be placed on a waiting list and placement on a team will only occur if an opening develops. Waiting lists are kept chronologically and placement will occur accordingly. *Signing up after the deadline jeopardizes your child's opportunity to participate.*

Buddy System: The buddy system applies to the following youth sports: K-5 Soccer Leagues, Little Sluggers Tee Ball Leagues, Pre-K - 2 Youth Basketball League, 3 & 4 Girls Basketball, 3 & 4 Girls Lacrosse. The buddy system is designed to allow children to know at least one child on their team. It may also help families with carpool issues. We are requiring both children's parents to complete and sign the form to be valid. The form must be completed in person or on line so we know that you, the registrants, have requested your child to play with one other child. Limit one buddy request per child and must be completed by the program deadline. *Due to various criteria, the "Buddy System" does not guarantee that your request will be honored. This is a service our department provides for our patrons.*

Photo Disclaimer: EGR Parks & Recreation is committed to providing timely information to the public about our many offerings and programs. We accomplish this through regular printing of detailed brochures and updates on our website. These publications often include pictures of participants in action to give the public a sense of the fun and adventure awaiting them. If you don't want to be in photos for publicity please let the individual know that is taking pictures.

Interscholastic League Sports:

Governed under the
Michigan High School Athletic Association (MHSAA)

- Participants must be enrolled as an EGRMS student and are required to carry a 2.0 GPA per marking period.
- A current athletic physical must be on file with EGRMS dated on or after April 15 of the current school year.
- Transportation is not provided. Parents will need to car pool to away competitions.
- All registration will now take place at the Parks & Recreation Department. You may register in person, over the phone or online with a user name and password provided by the Rec. Department.
- We are part of the West Michigan Middle School Conference.



David Kirchgessner Realtor - East Grand Rapids

If you're considering buying or selling in East Grand Rapids, you need an agent with intimate knowledge of our area and who is networked into our community. My home, heart and office are all located in EGR.

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Parks & Recreation Department
750 Lakeside Drive SE
East Grand Rapids, MI 49506

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REGISTRATION BEGINS:
October 13 for Residents
October 20 for Non-Residents

TO REGISTER:
Call: 616.949.1750
Online: www.eastgr.org

East Grand Rapids
Gaslight Village

Holiday Tree Lighting Celebration

Friday, November 25 starting at 6:30pm

- Watch the lighting of the Gaslight Village holiday tree!
- See Santa & Mrs. Claus arrive & have your photo taken with them!
- Pet real live reindeer!
- Make s'mores around a bonfire!
- Take a ride on a horse-drawn carriage
- Sing holiday carols!
- Children's craft activities sponsored by KDL
- And it's all FREE!



Subject to change