



2017

SPRING PROGRAM GUIDE



**EGR PARKS &
RECREATION
DEPARTMENT**

KEEPING OUR COMMUNITY CONNECTED
EXPLORE • CREATE • PARTICIPATE

Community Center
750 Lakeside Drive SE
East Grand Rapids, MI 49506

Phone: 616.949.1750
Fax: 616.831.6144
recadmin@eastgr.org

www.eastgr.org

**REGISTRATION BEGINS
JANUARY 12 FOR RESIDENTS
JANUARY 19 FOR NON-RESIDENTS**



INDEX

4 INTERSCHOLASTIC LEAGUE SPORTS

Interscholastic Coed Tennis,
Interscholastic Coed Track & Field,
Interscholastic Coed Waterpolo

5 ADULT LEAGUES

Adult Soccer & Softball

6 - 8 YOUTH SPORTS

Girls' Indoor Lax Clinic, Girls' 3-8
Lacrosse Leagues, EGR Track and Field
Club, Spring Pioneer Soccer Academy
League, Coed Soccer League, Pee Wee
Soccer League, Pee Wee Sluggers Tee
Ball Clinic, Little Sluggers League(K-2),
78ers Baseball League

9 - 11 YOUTH ENRICHMENT

Bricks 4 Kidz Camps: Super Heroes,
Ninjago Go Spinning, Pokemon Themed
Pocket Brick Monsters; Spring Break Art
Camps: Petite Picassos Artistic Splash
Pad, Art Color Splash, Art Plunge for
Teens; Babysitting, Gymboree Classes:
Baby and Me, Parachute Play, Preschool
Prep; Music with Janet: Family Fun,
Fiesta Fun; Bricks 4 Kidz It's in the
Water, Beginning Youth Fencing, Peaceful
Dragons, Reimagine Project, CIT Program

12 - 13 YOUTH DANCE & YOGA

Tiny Toes, Twinkle Toes I & II, Dance Party!,
Fitness Fun, Intro. to Irish Step Dancing,
Youth Yoga, Teen Yoga, Baby + 1 Yoga

14 - 15 ADULT LEISURE & EDUCATION

AARP Adult Driver Safety, Beginning Dog
Obedience, Lunching at Local Restaurants,
Curb Your Cravings, Going Gluten Free,
Spring Detox, Understanding & Managing
Stress, Digital Photography 101, Beg. &
Cont. Ballroom and Latin Dance, Beginner
Bridge, Acrylic Painting, Creative Art Therapy,
Rendering

16 SPECIAL EVENTS

Sweet Heart Dance, 2017 Movies in the
Park, 2017 Summer Concert Series

17 POOL MEMBERSHIPS

Pool Memberships, Pool Party Rental
Information, Silver & Fit Program

18 - 19 ADULT FITNESS & AQUA FITNESS

Total Body Workout, Zumba, Beg. & Cont.
Yoga & Pilates, Gentle Chair Yoga, Baby + 1
Yoga, Capoeira, Triathlon Training, 100 Mile
Club, Splash Fitness, AquaFit, Gentle Aquatic
Exercise

20 - 21 AQUATICS

Parent Child, Beginner Level 1, Advanced
Level 1, Level 2, Level 3, Level 4,
Stroke Camp, Private Swim Lessons, Jr.
Lifeguarding, Lifeguard Training, Lifeguard
Update

22 AQUATIC INSTRUCTORS

23 - 24 ADVERTISING & UPCOMING EVENTS

Huntington Reeds Lake Run, Rhoades
McKee Reeds Lake Triathlon/Duathlon

25 - 26 REGISTRATION, TERMS & CONDITIONS

We have

NEW

classes!

Publication Information

**City of East Grand Rapids
Parks & Recreation Dept.**

750 Lakeside Dr. SE
East Grand Rapids, MI 49506
(616) 949-1750 (phone)
(616) 831-6144 (fax)
(616) 940-4800 ext. 301 (cancellations)
E-mail: egrrec@eastgr.org
Website: www.eastgr.org
Published Quarterly: Jan., Apr., Jul., Oct.

Cover Photo: Pop Can Art
Class instructed by Debbie Bell

GET INVOLVED

If you are interested
in sponsoring and/or volunteering
at one of our events,
contact the Parks and
Recreation
Department for
details.

616.949.1750
recadmin@eastgr.org



MISSION STATEMENT

The City of East Grand Rapids Parks and Recreation Department, in strong partnership with the community and school district, is committed to providing courteous and efficient delivery of services in safe and secure facilities.

We are committed to providing enrichment, educational and sports programming for all ages to promote healthy lifestyles, family interaction and a sense of community.

We are dedicated to preserving, enhancing and protecting our parks, green spaces, indoor and outdoor facilities in a fiscally responsible manner for present and future generations.

Breton Elementary
2500 Boston SE

Lakeside Elementary
2325 Hall St. SE

Wealthy Elementary/Pool
1961 Lake Dr. SE

EGR Middle School
2425 Lake Dr. SE

EGR High School/Pool
2211 Lake Dr. SE

Canepa Tennis Courts
2915 Hall St. SE

Comm. Center/Parks & Rec. Dept.
750 Lakeside Dr. SE

John Collins Park
650 Lakeside Dr. SE

Manhattan Park
3180 Cascade Rd. SE

Manhattan Park Pavilion
430 Manhattan SE

Remington Park
2210 Reeds Lake Blvd. SE

Waterfront Park
2205 Reeds Lake Blvd. SE

James E. Morse @ Woodcliff
2915 Hall St. SE

INTERSCHOLASTIC LEAGUE SPORTS

Interscholastic League Sports:

- Participants must be enrolled as an EGRMS student and are required to carry a 2.0 GPA per marking period.
- A current athletic physical must be on file with EGRMS dated on or after April 15 of the current school year.
- Transportation is not provided. Parents will need to car pool to away competitions.
- All registration will now take place at the Parks & Recreation Department. You may register in person, over the phone or online with a user name and password provided by the Rec. Department.
- We are part of the West Michigan Middle School Conference.

Interscholastic Coed Tennis (Grades 7 - 8)

*Must be enrolled as an EGR Middle School student to participate.

Location: EGR Middle School

Practices: 3:30P-5:30P or TBD

Event times: 4:00P weekdays Tuesdays and Thursdays

Transportation not provided.

Location: Tennis Courts @ EGR Middle School

Coach: Steven Olson

Max. 30

CODE	DAYS	DATES	Events between	RES/NR
92004-C	M-Sa	3/20-5/20	4:00P-7:00P	\$179/\$197

Deadline to register: March 10 or until max amount is reached

Interscholastic Coed Track and Field (Grades 6 - 7 - 8)

*Must be enrolled as an EGR Middle School student to participate.

Location: EGR Middle School and EGR High School Track

Practices: 5:00P-6:30P

Event times: 4:00P weekdays

Transportation not provided.

No Practice: (Home) High School Track meets: April 26, May 3

Location: Track @ EGR High School

Coaches: TBD

Max. 60

CODE	DAYS	DATES	TIME	RES/NR
92004-D	M-Th	3/20-5/17	5:00P-6:30P	\$202/\$222

Deadline to register: March 10 or until max amount is reached

Interscholastic Coed Waterpolo (Grades 6 - 7 - 8)

*Must be enrolled as an EGR Middle School student to participate.

Location: EGR High School Pool

Practices: 3:15-4:30P Monday through Thursday (Subject to change)

Event times: Saturdays between 8:00A and 4:00P (TBD)

Transportation not provided.

Coaches: TBD

Location: High School Pool @ EGR High School

Max. 40

CODE	DAYS	DATES	Practices	RES/NR
92004-E	M-Th,Sa	3/20-5/20	3:15P-4:30P	\$202/\$222

Deadline to register: March 10 or until max amount is reached

**For further questions
please call or e-mail:
EGRMS Athletic Director
Shannyn Fasbender
E-mail: sfasbend@eastgr.org
Phone: 616-949-1750**

**UPCOMING
INTERSCHOLASTIC SPORTS
2017 Fall Sports will be posted in our
Summer Program Guide**

ADULT SPORTS LEAGUES

Adult Soccer Leagues (Ages 18+)

This league is open to men and women who are 18+ years of age. Depending on enrollment teams will be placed in Experienced and Recreational division. Teams will have 8 games and play 2-40 minute halves with random start times of 6:15P, 7:45P and 9:15P.

Uniforms: All teams must wear shin guards and supply a same colored t-shirt with a number on the back for games.

League Nights:

Monday	Coed Open League	(Experienced or Rec League)
Tuesday	Men's Open	(Experienced or Rec League)
Wednesday	Coed 30+League	(Players must be 30 years or older)
Thursday	Coed Open League	(Experienced or Rec League)

League Dates (depending on the league):

Start Date: Week of June 5 End Date: Week of Aug. 21

Contact:

Call or email Shannyn Fasbender to register or for more information. 616-949-1750 or Sfasbend@eastgr.org

Registration Dates:

Returning 2016 teams - March 13 New teams - April 10

Location: EGR and Gainey (Turf and Grass fields)

Max: 12 teams a night Min: 4 teams a night

Fee: \$550 a team (Payment due in full no partial payments)

Deadline to register or until filled: April 17

Adult Softball Leagues

If you enjoy softball, this league is for you. Our recreational league is open to residents and non-residents. Team fee includes umpires, game balls and score cards.

League Nights:

Monday	Tuesday	Wednesday	Thursday
Age 18+ Men's League	Age 18+ Co-ed League	Ages 18+ Co-ed League	Ages 18+ Men's League
	*New Ages 18+ Women's League	*New Ages 40+ Masters Co-ed League	

League Dates and Registration:

Jun-Aug; Start times vary between 6PM-8:15PM

Returning team registration opens 4/10/17 (payment due at registration)

New team registration opens 4/24/15 (payment due at registration).

Co-ed Women's Team Manager Meeting: 5/23/17 5:30PM at the EGR Rec Dept.

Men's Team Manager Meeting: 5/23/17 7:00PM at the EGR Rec Dept.

Start Date: Week of June 5, 2017 *no games the week of July 3, 2017

Season Length: 9 weeks

Location: Manhattan Park and Wealthy Elementary

Fee: \$500 a team

Contact:

Call or email Betsy Granstra to register or for more information. 616-949-1750 or bgranstra@eastgr.org

Men's Softball Tournament

Join us **Saturday, June 3, 2017** for the 1st Annual East Grand Rapids Softball Tournament!

Location: Manhattan Park and Wealthy Elementary

Team Fee: \$150 includes, umpires, game balls and scorecards

2-game guarantee

Tournament winners will receive Championship T-shirts!

Visit www.eastgr.org and visit our **Adult Softball page** for tournament information.



Register Online at www.eastgr.org or by calling 616-949-1750.

YOUTH SPORTS

Girls Indoor Lax Clinic (Grades 3 - 6)

Get ready for the season with this 2 day lacrosse clinic. The clinic will cover basic stick skills for players of all levels. Please bring your lacrosse stick, eyewear, mouth guard and water bottle.

Location: Breton School

Instructors: EGR Girls Lacrosse Staff

Min. 10/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
(Grades 3-4)				
41807-A	Sa	3/18-3/25	10:00A-11:00A	\$25/\$30
(Grades 5-6)				
41807-B	Sa	3/18-3/25	11:00A-12:00P	\$25/\$30

Girls Lacrosse League (Grades 3 - 4)

Practices start after spring break, 2 times each week. Games will be played against other EGR teams during the week. Each player will receive a t-shirt, but must provide all other equipment, (goggles, colored mouth guard and girls lacrosse stick). Buddies will be allowed.

Location: TBD

Max. 40

CODE	DAYS	DATES	BETWEEN	RES/NR
41804-Z	Varied	4/10-5/20	4:00P-6:00P	\$87/\$102

Sign-up by the deadline of March 3, to save \$20 and be guaranteed a place on a team.

Girls Lacrosse League (Grades 5 - 6)

Practices start after spring break, 2 times each week. Games will be played against other EGR teams and surrounding area schools. We will have a few Saturday games/tournaments. Each player will receive a game jersey. Players must provide all other equipment, (goggles, colored mouth guard and girls lacrosse stick). There will be an evaluation for all girls on Saturday, March 25 at Mehney field from 10-11:15am. Buddies will not be allowed.

Location: EGR Fields

Max. 40

CODE	DAYS	DATES	TENTATIVE	RES/NR
41806-Z	TBD	4/10-5/20	5:00P-7:00P	\$107/\$127

Sign-up by the deadline, March 3, to save \$20 and be guaranteed a place on a team.



Spring Girls Lacrosse League (Grades 7 - 8)

This competitive league is open to girls currently in grades 7-8. Competition will come from other middle schools in the surrounding area. Participants will have 2-3 practices a week from 4:00-6:00P. Games will be played during the week with start times of 6:00P and 7:00P. TBA times for weekend tournaments. The number of participants signed up will determine the number of teams. Transportation is not provided.

Evaluations: March 27, 28, 29 @ EGR Middle School

Location: Manhattan Rec. Area (Practices and Games)

Min. 20/Max. 100

CODE	DAYS	DATES	TIME	RES/NR
92004-A	M-Su	3/27-6/5	4:00P-8:00P	\$187/\$207

Sign up by the deadline of March 10.



EGR Track and Field Club (Grades 3 - 5)

If you enjoy running and would like to learn more about track this is the club for you. Kids will be introduced to running sprints, distance and other track and field related events.

Location: Track @ EGR High School

Min. 8/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
41100-B	Tu	4/11-5/16	4:30P-5:30P	\$60/\$75

Youth Bowling Club (Grades 6 - 8)

NEW

This club is perfect for introducing kids to bowling in a fun and social environment. Novice bowlers will learn technique and etiquette while advanced bowlers will develop their skills and improve their average.

Location: Clique Bowling Lanes (533 Stocking NW, Grand Rapids 49504)

Min. 6/Max. 64

CODE	DAYS	DATES	TIME	RES/NR
41150-Z	Sa	4/15-5/20	10:00A-12:00P	\$30/\$40

Concussion Awareness Forms

NEW State Law; Public Acts 342 and 343

In June of 2013, the State of Michigan instituted a new law whereby all participants under the age of 18 must have a signed Concussion Awareness Form. This form must be filed with our department and once received it is kept for the duration of participation or until age 18 for each family member.

Forms can be found at our city website (www.eastgr.org) and can easily be submitted electronically to our office. We also have blank forms at the Recreation Department front counter for your convenience.

All Parks & Recreation Department coaches are required to participate in Concussion training.

To learn more about concussions, go to www.cdc.gov/concussion.

YOUTH SPORTS

Spring Pioneer Soccer Academy League (Coed Grades K - 5)

This highly popular recreational program has been improved and is open to children currently in Kindergarten through 5th grade. The revised program offers a soccer curriculum that emphasizes technical skill, player development and greater training opportunities.

The program consists of a weekly team practice, game and 4 optional Academy Training sessions per week. The optional Academy Training sessions are open to all players. Academy training sessions will focus on player development through enhancing the technical skill of each player in a structured environment that is challenging and fun. The program is committed to offering the highest level of soccer coaching for beginners and experienced players alike.

*Current Kindergarten students are allowed to play in the Kindergarten league or the Saturday only Pee Wee Soccer League.

Needed Equipment: molded soccer cleats or athletic shoes, shin guards
Kindergarten: size 3 soccer ball for practice
1st-5th: size 4 soccer ball for practice

May 27, 2017 (No Games)

June 3, 2017 (Games will be scheduled between 1:00P-6:00P)

Location: EGR Soccer Fields

Min. 40/Max. 100

CODE	DAYS	DATES	Game 1-Hr between	RES/NR
41200-Z	M-Sa	4/10-6/3	9:00A-3:00P	\$80/\$95
41200-V	= Coaches			

(Grades 1 - 2)

CODE	DAYS	DATES	Game 1-Hr between	RES/NR
41201-Z	M-Sa	4/10-6/3	9:00A-3:00P	\$80/\$95
41201-V	= Coaches			

(Grades 3 - 5)

CODE	DAYS	DATES	Game 1-Hr between	RES/NR
41203-Z	M-Sa	4/10-6/3	9:00A-3:00P	\$80/\$95
41203-V	= Coaches			



Sign up by the deadline of March 3 to save \$20 and take advantage of the buddy system.

Weather Policy

Cancellations of programs and pool closings due to the weather can be found on a voice recording by calling 940-4800 ext. 301 after 4:00P. Patrons are welcome to call our office(616-949-1750) during business hours for cancellation confirmation.

Coed Soccer League (Grades 6 - 8)

This competitive league is open to boys and girls currently in 6-8 grades. EGR participants will play on coed teams. Competition will come from other middle schools in the surrounding area. Participants will have 2-3 practices a week held at the Manhattan Recreation Area. Games will be played during the week and weekends. The number of participants signed up will determine the number of teams. Practices times will TBA by coaches. Transportation is not provided to games.

Needed Equipment: soccer cleats and shin guards

Evaluations: March 20, 21, 22 at 6:00-7:30P. Please try to be at all 3 dates.

Teams Will Not Meet: April 1 - 9

Location: Manhattan Rec. Area

Max. 54

CODE	DAYS	DATES	TIME	RES/NR
41278-Z	M-Sa	3/20-6/2	6:00P-8:00P	\$101/\$116

Sign up by the deadline of March 3 to save \$20 and be guaranteed a place on a team.

Pee Wee Soccer League (Coed Ages 4 - 5)

This soccer league is open to all players turning 4 - 5 years of age by May 3, 2017. *Current Kindergarten students are allowed to play in this league or the Pioneer Soccer Academy. Games and practices will take place on Saturdays. Each team will have a ½ practice and a game consisting of three 5 minute quarters. If you would like to volunteer to coach or assist, let us know when you register your child.

Needed Equipment: molded soccer cleats or athletic shoes and shin guards
Soccer Ball: size 3 soccer ball for practice

Saturday, March 15 (Team meet and greet practice with coaches)

Games begin Saturday, April 22

Teams Will Not Meet: Saturday, May 27 (Memorial Weekend)

Location: EGR Soccer Fields

Min. 40/Max. 100

CODE	DAYS	DATES	1-hr between	RES/NR
41204-Z	Sa	4/15-6/3	10:00A-12:00P	\$65/\$80
41204-V	= Coaches			

Sign up by the deadline of March 3 to save \$20 and take advantage of the buddy system.

Volunteer Coaches

Volunteers are needed to coach and assist youth leagues.

Consider sharing your time and knowledge helping youngsters learn more about the sport.

We will provide you with drills and information to help you be a great coach! Although the game dates are set for each league, the practice days and times are up to each coach (so you can plan around your schedule).

If you are interested in volunteering, please let us know when you sign up your child or give us a call at 616.949.1750.

YOUTH SPORTS

Pee Wee Sluggers Tee Ball Clinic

(Ages 3 - 7)

"One, Two, Three Strikes you're out!" Don't miss out! This is the perfect time for your little one to learn the rules and fundamentals of baseball, such as throwing, catching, hitting, fielding, and running the bases. Varsity Baseball Coach, Chris LaMange, and his players will run the clinic. There will be a ratio of 1 staff to 5 players. The clinic will be made up of various stations to focus on important skills. We encourage you, as a parent, to take part in the clinic and learn the proper mechanics and techniques so you can continue to have fun with your child and the sport of baseball once the clinic is complete. The last clinic date will be a controlled scrimmage.

Location: Field 3 @ Manhattan Rec. Area

Instructor: Chris Lamange

Min. 20/Max. 85

CODE	DAYS	DATES	TIME	RES/NR
41795-A	M	4/10-5/1	6:30P-7:30P	\$57/\$72

Little Sluggers League (Grades K - 2)

There will be 6 games taking place on Tuesday and Thursday nights. Players will receive a team T-shirt. Coed practices and games will be held on EGR fields. Each coach schedules practices for one hour on a weeknight as early as 4P. Coaches will contact players by mid May with schedules; practices begin the week of May 30. Games are played on Tuesday and Thursday nights (6 games) starting June 13. Rainouts are rescheduled at the discretion of the coach. Each team should provide one parent per game to officiate. The buddy system applies to this sport.

Sign up by the deadline of May 1 to save \$20 and be guaranteed a place on a team. Buddy deadline is May 1.

Kindergarten Teeball League (Grades K - 1)

Your child is eligible for this league if they turn 5 by June 29, 2017. This league is teeball the whole season.

Location: EGR Elementary Schools

Min. 40

CODE	DAYS	DATES	TIME	RES/NR
11700-Z	vary	5/30-6/29	vary	\$69/\$84

11700-V = Coaches

1st/2nd Little Sluggers League

(Grades 1 - 2)

Your child will have a ball learning America's pastime! Your child can play if they are in first or second grade during the 2016-2017 school year. The first few weeks of the season will be tee ball and the last few weeks will be coach pitch.

Location: EGR Elementary Schools

Min. 40

CODE	DAYS	DATES	TIME	RES/NR
11751-Z	vary	5/30-6/29	vary	\$69/\$84

11751-V = Coaches



78ers Baseball League (Grades 7 - 8)

New this year, due to high enrollment, teams will be limited to 12 per team to ensure adequate playing time. The 78'ers Baseball League is a short "warm-up league". This developmental, competitive league is first come first serve to all 7th and 8th graders. Competition will come from other middle schools and recreation departments in the surrounding area. Games are held at Ada Park in Ada and Manhattan Park in East Grand Rapids, and possibly other locations as well. Evaluations will be early March and practices will begin mid to late March. Evaluations will be held indoors in an EGR school gym. Games will be during the week; transportation is not provided. Letters will be sent out in early March with league details and evaluation times. The registration fee includes a team baseball jersey and baseball cap. Players must provide glove, white pants, and shoes/cleats.

Location: Field 2 @ Manhattan Rec. Area

Max. 39

CODE	DAYS	DATES	TIME	RES/NR
41708-Z	M-Sa	3/20-5/6	4:00P-9:00P	\$162/\$182

(Dates Subject To Change)

Sign up by the deadline Friday, Feb. 10 to save \$20.

TIM KOLK, Realtor

timkolk.com

cell **616.446.7186**
office **616.459.0400**



Koenes Auto Body

Where Excellence Is a Tradition

12 years of Sponsorship!

SPRING BREAK PROGRAMS

Bricks 4 Kidz Spring Break Camps

Location: Program Room 101 or 102 @ EGR Rec. Dept.
Instructor: Bricks 4 Kidz Instructors
Min. 8/Max. 16

Super Heroes Camp (Ages 5 - 11)

Join Bricks 4 Kidz building Super Heroes with LEGO® Bricks. Explore all the caped crusaders and discover their super powers. Create a fantasy world and protect it against all the evil arch enemies with custom contraptions made with LEGO® Bricks.

CODE	DAYS	DATES	TIME	RES/NR
44324-C	M-Th	4/3-4/6	9:00A-12:00P	\$153/\$173



Ninjago Go Spinning Camp (Ages 6 - 11)

LEGO® Ninjago fans will spin with excitement in this action packed camp! Come build motorized models, including spinners, using Bricks 4 Kidz Model Kits. Enter the Spinjitzu tournament, build cool models, battle with your minifigures, customize battle arenas, tools, and more! As we learn, build and play with LEGO® bricks.

CODE	DAYS	DATES	TIME	RES/NR
44324-A	M-Th	4/3-4/6	9:00A-12:00P	\$153/\$173

Pokemon Themed – Pocket Brick Monsters (Ages 6 - 11)

Get ready for an adventure in the world of Pokémon. Capture wild Pokémon creatures. Tap your inner energy engineer as we build Dratini, Pikachu, Pokey Balls and more. Bring your own Pokémon trading cards if you wish to play and trade at the end of each day. Show off your skills as you battle for power in your journey through the Pokémon universe. Do you have what it takes to become a Pokémon master?

CODE	DAYS	DATES	TIME	RES/NR
44324-B	M-Th	4/3-4/6	1:00P-4:00P	\$153/\$173

Spring Break Art Camps (Ages 4 - 17)

Location: Program Room 103 @ EGR Rec. Dept.
Instructor: Debbie Bell
Min. 4/Max. 10



Artwork will be created on provided canvas and then displayed in the Wealthy Pool hallway for several months before being returned to student.

Petite Picassos Artistic Splash Pad (Ages 4 - 5)

Children will create paintings of water scenes and animals using watercolor and acrylic paint.

CODE	DAYS	DATES	TIME	RES/NR
44355-B	M-Th	4/3-4/6	9:15A-10:00A	\$42/\$57

Art Color Splash (Ages 6 - 12)

This will be a mixed media class where students will utilize different art materials.

CODE	DAYS	DATES	TIME	RES/NR
44355-A1	M & W	4/3-4/5	10:30A-11:30A	\$21/\$26
44355-A2	Tu & Th	4/4-4/6	10:30A-11:30A	\$21/\$26

Art Plunge for Teens (Ages 12 - 17)

Teens will be working side by side creating unique water themed artworks.

CODE	DAYS	DATES	TIME	RES/NR
44355-C	Tu & Th	4/4&4/6	1:00P-3:00P	\$42/\$57



Follow us on Facebook!

East Grand Rapids: Parks & Recreation Dept.

YOUTH ENRICHMENT

Babysitting (Ages 11 - 18)

Learn to create a great babysitting business. Find answers to common babysitting questions about sibling squabbling, meal time tips, CPR, diapering duties, and much more. Each participant will receive a certificate through Heartbeat, LLC and American Heart Association CPR will be taught. Please bring a bag lunch.

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Heartbeat, LLC Instructor

Min. 10/Max. 30

CODE	DAYS	DATES	TIME	RES/NR
44410-A	Sa	5/6	9:00A-2:00P	\$49/\$64

Gymboree Classes

Location: Wealthy Elementary Program Room

Instructor: Gymboree Instructor

Baby and Me (Ages 0 - 8 months)

Explore the senses and support visual and auditory development with tummy time, flashlight play, first songs, cuddle time and more. This baby class includes parent discussion time as well as bubble and parachute time.

Min. 6/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
44222-A	Th	4/13-6/1	9:00A-9:45A	\$69/\$84

Parachute Play (Ages 8 months - 5 years)

We offer fun classes devoted to support multi-age learning. Children are encouraged to socially interact and learn from each other. We bring a bright parachute, amazing Gymboree bubbles, and lots of fun equipment to keep the class exciting and fun as well as songs to get kids moving. This class is for children to participate with their parent or caregiver. Our classes help promote socialization and cognitive development.

Min. 6/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
44222-B	Th	4/13-6/1	10:00A-10:45A	\$69/\$84

Preschool Prep (Ages 2.5 years - 5 years)

We bring in a colorful parachute, our amazing Gymboree bubbles, lots of fun equipment to keep each class exciting and fun as well as fun songs to get the children moving! We have fun themes that change every two weeks. Our classes help to promote socialization and cognitive development. In our classes we use music to help boost memory and language development as well as cognitive and social skills.

Min. 6/Max. 12

CODE	DAYS	DATES	TIME	RES/NR
44222-C	Th	4/13-6/1	11:00A-11:45A	\$69/\$84



Music with Miss Janet

Location: Program Room 101 @ EGR Rec. Dept.

Instructor: Janet Kremers

Family Fun (Ages 0 - 4)

For you and all your young children. The theme will be animals and the class will be full of singing, dancing and playing instruments. *Cost is per family.

Min. 4/Max. 12

CODE	DAYS	DATES	TIME	RES/NR
44553-A	M	4/10-5/22	9:30A-10:15A	\$69/\$84
44553-B	Tu	4/11-5/23	9:30A-10:15A	\$69/\$84

Fiesta Fun (Ages 3 - 5)

We will sing songs in both English and Spanish while exploring dances, instruments, and a touch of Spanish culture through dance and games. Parents are invited to attend part of the last class for a fiesta!

Min. 4/Max. 8

CODE	DAYS	DATES	TIME	RES/NR
44554-A	F	4/14-5/26	11:00A-11:45A	\$69/\$84

Bricks 4 Kidz

It's in the Water (Grades 1 - 4)

Step aboard to build some exciting models that are "in the water". Kids will learn what makes each machine unique and how it moves, exploring concepts such as buoyancy, while having fun building with LEGO® bricks, motors, battery packs and more. Whether you're a high-speed thrill-seeker or just curious about how things work, this unit offers something for everyone.

Location: EGR Elementary Schools

Instructor: Bricks 4 Kidz Instructor

Min. 8/Max. 16

CODE	DAYS	DATES	TIME	RES/NR
44323-A	M-WE	5/1-5/22	3:45P-4:45P	\$64/\$79
44323-B	W-LA	4/19-5/10	3:45P-4:45P	\$64/\$79
44323-C	Th-BR	4/27-5/18	3:45P-4:45P	\$64/\$79

**Program Cancellation Hotline:
940.4800 ext. 301**

Beginning Youth Fencing (Ages 7 - 15)

Fencing is considered an art of enjoyment, a science of arms as well as a sport. Basic skills are achievable in a few weeks. Training for fencing will improve posture, balance, flexibility, reactions and mental agility. You will learn the skills necessary to bout with all provided equipment. Professional coaches, Mikhail and Arkady Sarkisov, both of who are former Soviet Champions and World Cup finalists, are among the qualified instructors. This class will be combined with other Parks and Recreation Departments. Class will be held at Grand Rapids Area Fencing Academy (GRAFA) located at 1345 Monroe NW, Suite 102, Grand Rapids, MI 49505.

Location: GRAFA
Instructor: GRAFA Instructors
 Min. 6/Max. 16

CODE	DAYS	DATES	TIME	RES/NR
44450-A	Tu	4/11-5/16	6:00P-7:00P	\$70/\$85



Peaceful Dragons (Ages 5 - 15)

This fun course is designed for self-defense purposes emphasizing child safety awareness. The children practice martial arts moves to help them get out of dangerous situations. We show them how to walk away from a fight and when necessary, defend themselves. The students have the opportunity to spar (light contact) and to progress to higher belts, additional fees apply. This program is taught by a black belt who has extensive training in teaching children.

Location: EGR Rec. Dept.
Instructor: Rachel Ostrowski
 Min. 5/Max. 24

CODE	DAYS	DATES	TIME	RES/NR
Beginning Students				
Ages 5 - 8				
44030-A	F	4/14-6/9	6:00P-6:45P	\$79/\$99
Ages 9 - 15				
44030-B	F	4/14-6/9	7:30P-8:15P	\$79/\$99
Returning Students				
Ages 5 - 8				
44030-A1	F	4/14-6/9	6:45P-7:30P	\$79/\$99
Ages 9 - 15				
44030-B1	F	4/14-6/9	8:15P-9:00P	\$79/\$99

HELP WANTED!

The EGR Parks and Recreation Department
 is always looking for volunteers
 for many different programs and special events.
 Volunteers include coaches, officials and program aides.
 Part-time employment is also available for life guards and
 water safety instructors.
 Do you have a new idea for a class? Willing to teach? Call
 our office at 616-949-1750 to be a part of our team!

Relmagine Project: Up-cycled Accessories & Entrepreneurship (Grades 3 - 8)



The Relmagine Project was created as a way to bring girls around the city together to empower them to make more of their own stuff as well as create a fun (& impactful) way to develop entrepreneurial skills. In this class, we will create several up-cycled accessories and teach students some of the economic, environmental and social justice issues surrounding low price, fast fashion & garment manufacturing, and what they can do about it. Students will learn how to create new, very cool things from thrifted and discarded items and ways they can use their newly developed skills to help make positive change in our world!

Location: Program Room 103 @ EGR Rec. Dept.
Instructor: Branden Pecor
 Min. 6/Max. 13

CODE	DAYS	DATES	TIME	RES/NR
Grades 3 - 5				
44351-A1	Tu	4/18-5/23	3:45P-5:15P	\$69/\$84
Grades 6 - 8				
44351-B1	F	4/21-5/26	3:45P-5:15P	\$69/\$84

CIT Program (Ages 13 +)

The Counselor in Training program is for individuals that are interested in gaining volunteer experience or working as a future counselor for our department. This program will develop strong leadership skills, build self-confidence, and encourage personal development. The CIT will assist and observe the Head Instructor and Aide(s) as well as help plan, organize and implement daily activities, design and teach arts and crafts, chaperone and supervise children, and help create and organize special theme days. The CIT must be able to perform these duties as well as other job related duties that may arise during the time commitment.

- Candidates must be 13 years of age as of June 16, 2017.
- Candidates must successfully complete a volunteer application, criminal background check, and interview.
- A written recommendation from a teacher, principal, or counselor MUST accompany application.

Please fill out a volunteer application online, pick one up at the EGR Parks and Rec Dept. or call to have one mailed.

YOUTH DANCE

Dance Classes

Location: Program Room 104 @ EGR Rec. Dept.
Instructor: Shannon Fauble
Min. 5/Max. 8

Tiny Toes (Ages 2 - 3)

Your child will have fun in this beginning movement class. This class will help build independence and get your child ready for preschool. Parents will ease out of the room by the last class.

Class Will Not Meet On: 5/29

CODE	DAYS	DATES	TIME	RES/NR
44400-A	M	5/8-6/5	9:45A-10:15A	\$58/\$73
44400-B	Tu	5/9-6/6	9:45A-10:15A	\$58/\$73

Twinkle Toes I (Ages 3 - 4)

In this mini-class new dancers will be introduced to basic positions and terminology while learning the grace of ballet and exciting rhythms of tap. This is a great class for the young attention span and teaches movement along with what it means to be a dance student. Ballet and tap shoes required. No dance experience necessary.

Class Will Not Meet On: 5/29

CODE	DAYS	DATES	TIME	RES/NR
44401-A	M	5/8-6/5	10:30A-11:20A	\$39/\$49
44401-B	Tu	5/9-6/6	10:30A-11:20A	\$49/\$64

Twinkle Toes II (Ages 4 - 5)

In this class, dancers will learn positions, basic terminology and continue to expand in ballet and tap skills. Dancers will also work on rhythm, locomotor skills and coordination. Ballet and tap shoes required.

Class Will Not Meet On: 5/29

CODE	DAYS	DATES	TIME	RES/NR
44402-A	M	5/8-6/5	11:30A-12:20P	\$39/\$49
44402-B	Tu	5/9-6/6	11:30A-12:20P	\$49/\$64
44402-C-AV	Tu	5/9-6/6	11:00A-11:50P	\$49/\$64

(Session C added after Program Guide went to print)



Dance Class and Recital Information

Reminder for Winter class participants: Rehearsals will be Sat., April 29 – Fri., May 5 at Pioneer Auditorium in Wealthy Elementary. Classes WILL meet during the school semester and mid-winter breaks. The recital is tentatively scheduled for Sat., May 6 at 10:00A. If this conflicts with an EGR Parks and Rec soccer game please inform your coach or call our office.

NEW

Dance Party! (Ages 4 - 8)

This class will combine dance moves with exercise to create a fun and healthy environment.

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Shannon Fauble

Min. 4/Max. 10

CODE	DAYS	DATES	TIME	RES/NR
44404-A	W	5/10-6/14	6:30P-7:30P	\$49/\$64

NEW

Fitness Fun (Ages 4 - 8)

Come get movin'! In this dance fitness class, we will explore different ways to get moving and get healthy. Each class will incorporate fun, high energy movement and a health and fitness based craft or recipe.

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Annie Vandenberg

Min. 4/Max. 10

CODE	DAYS	DATES	TIME	RES/NR
44404-B	W	5/10-6/14	4:00P-4:45P	\$49/\$64

Intro. to Irish Step Dancing (Ages 5 - 13)

This class offers entry-level instruction in Irish dancing technique and provides an excellent cardio workout while building confidence. No prior dance experience is required. Our mission is to offer quality Irish Dance instruction for boys and girls, while providing a safe, supportive and positive learning environment that lends itself to developing well-rounded and confident dancers. *Must have taken Irish Dance 1 before enrolling in Irish Dance 2. Please have dancers wear ballet flats or jazz shoes. Must not be enrolled in another CLRG Irish Dancing school.

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Elizabeth Brennan

Min. 3/Max. 10

CODE	DAYS	DATES	TIME	RES/NR
44428-A	Tu	4/25-6/6	4:00P-5:00P	\$54/\$69

YOUTH YOGA

Youth Yoga (Ages 6 - 12)

Join the fun! We'll practice a variety of kid-friendly yoga poses, increasing flexibility, strength and coordination. Yoga mats are available at the Parks and Recreation Dept., or bring your own mat. Your child should wear comfortable exercise clothing and bring a water bottle. **Please be courteous and arrive a few minutes early and silence all cell phones. We also ask that no perfume or cologne be applied prior to class.**

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Denise Mollenhauer

Min. 6/Max. 18

CODE	DAYS	DATES	TIME	RES/NR
44700-A	M	4/10-5/22	4:30P-5:25P	\$59/\$74

Teen Yoga (Ages 13 - 19)

You'll increase strength, flexibility and coordination in this class designed just for teens. Yoga mats are available at the Parks and Rec. Dept., or bring your own mat. Please wear comfortable exercise clothes and bring a water bottle and blanket or towel. **Also please be courteous and arrive a few minutes early and silence all cell phones. Please do not use perfume or cologne prior to class.**

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Denise Mollenhauer

Min. 6/Max. 18

CODE	DAYS	DATES	TIME	RES/NR
44700-B	M	4/10-5/22	3:25P-4:20P	\$59/\$74

Baby + 1 Yoga (Ages newborns to crawlers)

Nurture your baby while caring for yourself. Baby +1 Yoga invites babies and their caregivers (moms, dads, grandparents, nannies) to bond through loving touch, sight, sound, and movement. Let baby in on the yoga practice physically, mentally, and spiritually to build a strong bond of trust and security, the foundation of self confidence for baby. While incorporating your little one into the yoga sequence, you also receive a nurturing, strengthening practice designed specifically to gently engage with and calm body and spirit. The class offers a chance for new mama and caregiver networking, too. You'll find a warm, supportive community, essential during the fourth trimester or postpartum period! Baby + 1 Yoga is perfect for babies newborn - crawling.

Location: Program Room 101 @ EGR Rec. Dept.

Instructor: Amanda Holbert, Renew Mama Studio

Min. 4/Max. 10

CODE	DAYS	DATES	TIME	RES/NR
44702-A	W	4/19-5/24	9:30A-10:30A	\$89/\$109



NEW

AARP Adult Driver Safety (Ages 50 +)

Looking for a way to tune up your driving skills? You can continue to be a safe driver by reviewing key concepts. We'll talk about maintaining proper following distance, the affects of medication on driving and more. A class graduate reported "this class helped me out of a few close calls, and is necessary for seniors to stay up on their driving skills." The course is taught in the classroom (no driving) and there is no final test to pass. All ages are welcome. Course graduates may receive a discount on insurance! Check with your agent today! For more information, visit aarp.org/driver_safety

Location: 107 - Lg. LL Conf.Rm @ EGR Rec. Dept.

Instructor: John Gahrs

Min. 10/Max. 18

CODE	DAYS	DATES	TIME	MEM/NM
46262-A	Tu & W	6/13-6/14	1:00P-5:00P	\$15/\$20



Beginning Dog Obedience (Ages 12 +)

Make life with your dog easier and more enjoyable! You or a family member/friend will actually work with your dog. We'll show you how to teach your dog basic "doggie manners." Can you picture pleasant walks, fun playtime in the yard, peaceful evenings at home, and less household chaos? This class is for any dog 6 months and up. Kids ages 12 and up are welcome, as long as they can handle the dog, and are serious about working with the dog. Participants must provide a choke collar and a 4 foot leash for class. **You are required to show proof of vaccination to the Parks & Rec Dept. at least one week before class begins. Your vet's office can fax the vaccination papers to 831-6144 attn: Rachel or email to rseese@eastgr.org.**

Class Will Not Meet On: 5/29

Location: Prog. Rooms 101/102 @ EGR Rec. Dept.

Instructor: Linda Sanchez

Min. 5/Max. 10

CODE	DAYS	DATES	TIME	RES/NR
45200-B	M	4/10-6/5	6:30P-7:30P	\$65/\$80

Lunching at Local Restaurants (Ages 50 +)

Are you interested in dining out with others once a month at a local restaurant? The purpose of the group is to build community and connect with others, while discussing topics of interest...come and make some new friends! Restaurant locations will be decided one month in advance. We'll meet at the restaurant at 11:30 am. Order and pay for what you'd like off the menu. Please call the recreation department at 949-1750 to RSVP.

Location: To Be Announced

Min. 5/Max. 30

CODE	DAYS	DATES	TIME
46500-A	F	4/21	11:30A-1:00P
46500-B	F	5/19	11:30A-1:00P
46500-C	F	6/16	11:30A-1:00P

Curb Your Cravings for Sweets! (Ages 18 +)

Are your cravings for sweet treats and sugary snacks holding you back from losing those few extra pounds? In this class, Dawn will share with you several effective sugar busting strategies that will help empower you to pass on the cookies, candies and cakes with ease... and lead you to finally shedding that excess weight! Each participant will hone-in on the methods that work best with their lifestyle as they piece together a personalized plan-of-action to help keep them on track! Crush those sugar cravings for good and start feeling great!

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Dawn Reed

Min. 6/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
45102-A	W	5/3	1:00P-2:30P	\$20/\$25

NEW

Going Gluten Free - Facts, Myths and How To Transition (Ages 18 +)

Have you wondered if eating Gluten Free foods might help bring relief for your chronic symptoms* or other health concerns? Attend this informative class, learn the facts, debunk the myths, and gather information that will help you determine which direction to take. Additionally, each participant will walk out the door with a customized plan-of-action to help them navigate the steps of a gluten free transition. (*Gluten can trigger symptoms anywhere in the body, in individuals who are reactive.) *Delicious Gluten Free snacks will be available to sample!

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Dawn Reed

Min. 6/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
45102-B	W	5/17	1:00P-2:30P	\$20/\$25

Spring Detox - Without Deprivation! (Ages 18 +)

Has this long, cold winter got you feeling a little sluggish, non-productive and wanting to crawl right back into bed? If so, this Spring Detox might be just what you need to wake you up and put that SPRING back into your step! In this class, your health coach will help create a customized detox plan that can help energize your day, increase your mental clarity, and help you sleep better at night! There is no starvation, no deprivation, and no supplements required! You will learn effective ways to reduce the toxic load in your body while keeping your individual needs in mind.

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Dawn Reed

Min. 6/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
45102-C	W	4/19	1:00P-2:30P	\$20/\$25

NEW

Understanding & Managing Stress

(Ages 18 +)

This class is designed to help participants gain a holistic perspective on stress. Attendees will understand the neurobiology and physiology of stress, how stress can have an impact on their health, and 6 strategies to manage stress.

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Pat Latus

Min. 6/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
45102-D	Tu	4/11-5/30	1:00P-2:30P	\$74/\$89

Digital Photography 101 (Ages 16 +)

Digital cameras are powerful tools, but they only produce great results when you know how to use all the features. Join Grand Rapids senior portrait photographer, Josh Weiland, for a hands-on photography course! If your photos are sometimes too light, too dark, or just plain blurry, Josh's course can teach you how to easily fix those frustrating problems. This photography course is designed for anyone who already owns a camera and wants to learn how to properly use its settings and modes to take better photos of family, friends, or nature.

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: Josh Weiland

Min. 5/Max. 20



CODE	DAYS	DATES	TIME	RES/NR
45310-A	W	4/12-4/26	6:30P-8:30P	\$51/\$66

Beginning Ballroom and Latin Dance

(Ages 18 +)

Are you looking to learn how to ballroom dance for a special occasion or for a fun evening activity? Well look no further! Introduction to Ballroom and Latin Dance is an excellent class for beginners to learn in a supportive and friendly environment. A partner is required for this class. Please register partner under 45525-A1.

Location: Prog. Rooms 101/102 @ EGR Rec. Dept.

Instructor: John and Sally Panchuk

Min. 5/Max. 16

CODE	DAYS	DATES	TIME	RES/NR
45525-A	Th	4/13-6/8	6:30P-7:30P	\$108/\$128
45525-A1	Th	4/13-6/8	6:30P-7:30P	\$0/\$0

Continuing Ballroom and Latin Dance

(Ages 18 +)

Take your dance to the next level in Continuing Ballroom and Latin. Students will transform from beginners to experienced ballroom dancers through review from Introduction to Ballroom along with learning fun new steps. A partner is required for this class. Please register partner under 45525 B1.

Location: Prog. Rooms 101/102 @ EGR Rec. Dept.

Instructor: John and Sally Panchuk

Min. 5/Max. 16

CODE	DAYS	DATES	TIME	RES/NR
45525-B	Th	4/13-6/8	7:30P-8:30P	\$108/\$128
45525-B1	Th	4/13-6/8	7:30P-8:30P	\$0/\$0

Beginner Bridge (Ages 16 +)

The East Grand Rapids Rec Department in conjunction with the Grand Rapids Bridge Club is happy to announce the beginning of a series of bridge lessons to be held on Tuesday evenings from 6:00 to 8:00 p.m.. The classes being formulated is for persons whose knowledge of bridge may be small or considerable. Participants will learn by playing, analyzing, and discussing many interesting deals instead of listening to lectures. The series will cover the fundamentals of the three aspects of the game such as bidding, play and defense. Bridge is the world's greatest game of the mind. It is stimulating and challenging and also provides the ideal setting for socializing with interesting people and making new friends.

Location: Program Room 102 @ EGR Rec. Dept.

Instructor: John Molt and Cristi Nelson

Min. 8/Max. 24

CODE	DAYS	DATES	TIME	RES/NR
45231-A	Tu	4/11-5/16	6:00P-8:00P	\$52/\$67



Acrylic Painting (Ages 18 +)

Learn how to paint still life flowers, fruit and landscapes with quick drying acrylic paint! Please bring a 14X18 canvas board, brushes and Acrylic paint.

Class Will Not Meet On: 5/12 - NEW DATE AFTER PUBLICATION

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Debbie Bell

Min. 6/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
45302-B	F	4/14-6/2	1:30P-3:30P	\$87/\$107

Creative Art Therapy (Ages 18 +)

Creative Art Therapy invites adults with special needs to work with their imagination to create art. We will not be focusing on skills but rather allow them to experience the joy of art through their idea of creativity.

Class Will Not Meet On: 5/12 - NEW DATE AFTER PUBLICATION

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Debbie Bell

Min. 6/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
45302-C	F	4/14-6/2	10:00A-12:00P	\$106/\$126

NEW

Rendering (Ages 18 +)

Students will learn to interpret figures, objects or scenes, through the use of pencil, charcoal, pen and colored pencil. Students will work with personal photos that are meaningful to them. A materials list will be provided on the receipt.

Class Will Not Meet On: 5/11 - NEW DATE AFTER PUBLICATION

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Debbie Bell

Min. 6/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
45302-A	Th	4/13-6/1	9:15A-11:15A	\$87/\$107

SPECIAL EVENTS

Sweet Heart Dance formerly Daddy Daughter Dance



Fathers, grandpas, uncles and special friends, make sure your sweetheart's first dance is a memorable one! Put on your dancing shoes and enjoy a date night with your sweetheart at the annual Sweet Heart Dance! Girls are invited to bring their favorite adult date (dad, grandpa, uncle or special friend) to this semi-formal event. The evening includes your sweetheart's choice of corsage, DJ dancing, delicious desserts, and a keepsake photograph to remember your unforgettable evening.

Themed Tie Contest Info:

Just show up wearing your tie and let our judges determine if your neck style is festive enough to earn the title "Craziest Tie in East Grand Rapids!"

(Ages 4 - 14)

Location: EGR Middle School

Min. 40/Max. 375

CODE	DAYS	DATES	TIME	RES/NR
34600-A-cpl.	Sa	2/11	5:30P-8:30P	\$37/\$47
34600-B-ind.	Sa	2/11	5:30P-8:30P	\$25/\$35

Sign up by the deadline of Feb. 3 to receive a \$5 discount.



2017 Movies in the Park Dates

June 9

July 14

August 11

September 15

***Rain Date: August 25**

Detailed information coming soon!

2017 Summer Concert Series

Is your band interested in submitting an application for the 2017 Summer Concert Series? If so, please email the following information to pslater@eastgr.org.

The 2017 Summer Concert Series, sponsored by United Bank of Michigan, will take place on the John Collins Park Plaza located at 650 Lakeside Dr. in East Grand Rapids on Reeds Lake. Concerts start at 7:00 pm and must be at least an hour and a half in length. In case of severe weather concerts may be cancelled and will not be re-scheduled.

- **Submit a one-page description of the band and its history.**
- **Your needs for a concert venue.**
- **Electricity is available (2 double outlets); sound amplification and electrical cords must be supplied by band if needed.**
- **A facts page on the band with musical influences, member information, contact numbers and names, and references.**
- **Feel free to include any other write-ups, news articles, or information pertaining to the band.**
- **A link to a website, audio attachment, a tape or CD that includes at least 2 different types of music your band plays.**

**On
Mondays**

The East Grand Rapids Parks and Rec Dept. may also use these submissions to possibly schedule bands for other special events.

Mail information to:

East Grand Rapids Parks and Rec Dept.
Attn: 2017 Band Entries
750 Lakeside Dr. SE
East Grand Rapids, MI 49506

POOL MEMBERSHIPS

Memberships

Memberships are available for both residents and non-residents, students and senior citizens. All passes must be purchased over the phone or at EGR Parks & Rec. Dept. during normal business hours; Monday through Friday 8:00A-5:00P.

Resident Membership

Type	Adult	55+	19 & Under	Family
10 Visit	\$25	\$18	\$18	NA
3 month	\$52	\$36	\$36	\$108
6 month	\$91	\$62	\$62	\$188
1 year	\$160	\$107	\$107	\$275

Non-Resident Membership

Type	Adult	55+	19 & Under	Family
10 Visit	\$35	\$24	\$24	NA
3 month	\$72	\$49	\$49	\$152
6 month	\$126	\$84	\$84	\$265
1 year	\$220	\$147	\$147	\$358

Drop in Rates

Money will be taken at the pool for those without a membership or punch card. The rates are \$3 for residents and \$4 for non-residents. Payment can be made in the form of cash or check made payable to the EGR Parks and Rec. Dept. Please bring exact cash amount if possible.

Important Pool Telephone Nos.

**Pool Hotline:
940.4800 ext. 302**

**After Hours Hotline:
940.4800 ext. 602**

Silver & Fit for Aquatics

Wealthy Pool and the EGR High School Pool are now hosting locations to the Silver & Fit program.

If you are 65 years of age or older and have qualifying insurance, email our office at egrrec@eastgr.org or call 616.949.1750 for more information.

Eligibility includes pool membership for drop-in swimming.
*Not eligible for programs.

RESERVE YOUR POOL PARTY TODAY!

Rental Information

Wealthy Pool and the High School Pool are available for private rental on a space available basis. Please complete the online pool rental form to begin the rental process. Call 949.1750 or visit www.eastgr.org for rules and policies.

High School Pool - Rental rate includes the cost of two guards, which can accommodate up to 50 swimmers (use of the diving board may require a third guard).

Wealthy Pool - Rental rate includes the cost of one guard, which will accommodate up to 25 swimmers. Rentals that have a majority of users under the age of 11 may require a second guard.

Wealthy Pool Party - Rental rate includes the cost of two lifeguards, the use of the multi-purpose room (great for presents & cake time) and swimming for up to 35 swimmers.

RATES (Includes Lifeguard Fees)

	RES	NR
Wealthy Pool	\$75/hr.	\$96/hr.
Wealthy Party	\$148/hr.	\$189/hr.
High School Pool	\$157/hr.	\$199/hr.
Add Lifeguard	\$12.50/hr.	\$12.50/hr.

**Find a Pool Schedule
online at our website!**

REGISTER ONLINE

www.eastgr.org

IT'S QUICK & EASY

616.949.1750

Call for your username and password

ADULT FITNESS

PUNCH CARD SYSTEM & GUIDELINES

Punch cards are only for **Total Body Workout and Zumba.**

Your fitness punches never expire with our punch card system!

Each fitness participant will receive a bar coded photo ID that will be scanned with each visit. Photos will be required for the initial purchase and must be taken at the Parks & Recreation Department counter.

After your initial purchase you may add additional punches at any time at the Recreation Department. There is no online registration.

You may bring a family member, friend or guest, but you must be present. The punch card continues to allow flexibility and the possibility to try new classes.

PUNCH#	RES/NR
5	\$36/\$46
10	\$66/\$81
20	\$120/\$140
Drop-in	\$8/\$10

Total Body Workout (Ages 15 +)

This fun hour long class provides an excellent overall workout! Come join us! We'll focus on cardio and strength training using hand weights, resistance tubes, weighted bars, and workout balls. This class incorporates a lot of variety to keep you motivated! Choose any combination of days and times that fit your schedule! Total Body Workout is ideal for beginner through advanced exercisers. Please bring a clean pair of gym shoes and water bottle to class.

Location: Program Room 104 @ EGR Rec. Dept.

Instructor: Joan Otte

Max. 25

DAYS	TIME
M	7:40A-8:25A or 8:30A-9:30A
W	7:40A-8:25A or 8:30A-9:30A
F	7:40A-8:25A or 8:30A-9:30A

Zumba (Ages 13 +)

You'll have an absolute blast in one exhilarating hour of calorie burning, heart racing, muscle pumping, and body energizing movements. By integrating Zumba into your life, you'll achieve long term benefits! Salsa/Merengue, Samba, Cumbia, African, Reggaeton, Belly Dance and more... simple dance steps for an efficient workout with tantalizing international music...Zumba is for everyone! Please wear comfortable exercise clothes, gym shoes, and bring a water bottle. Check it out at www.Zumba.com

Location: Program Rooms 102 or 104 @ EGR Rec. Dept.

Instructor: Annie VandenBerg

Min. 10/Max. 17

DAYS	TIME
Tu	9:40A-10:40A
W	6:30P-7:30P
F	9:40A-10:40A



Adult Yoga

Location: Program Room 103 @ EGR Rec. Dept.

Instructor: Denise Mollenhauer

Reminder: as a courtesy to other participants, please arrive a few minutes early, silence all cell phones and refrain from perfume/cologne use prior to class.

Beginning Yoga & Pilates (Ages 16 +)

Everyone can benefit from practicing yoga and Pilates! Come join us in a class paced just right for beginners. You'll improve your strength, flexibility, coordination and range of motion. You'll also enjoy improved circulation, cardiovascular health, and reduced stress. Yoga mats are available at the Parks & Recreation Department, or feel free to bring your own mat. Please wear comfortable exercise clothes. You may also want to bring a water bottle and blanket or towel.

Min. 6/Max. 18

CODE	DAYS	DATES	TIME	RES/NR
46255-A	M	4/10-5/22	6:45P-7:45P	\$59/\$74
46255-C	Tu	4/11-5/23	9:15A-10:15A	\$59/\$74

Continuing Yoga & Pilates (Ages 16 +)

Now that you've mastered the beginning stages of yoga, you're ready to move to the next step! This class introduces more challenging poses, while enhancing familiar poses with more detail. We'll incorporate the Pilates method, famous for developing strength, flexibility and coordination. Participants should have completed at least one session of Beginning Yoga with Pilates and/or have some previous experience with yoga and Pilates. Yoga mats are available at the Parks & Rec. Dept., or bring your own if you have one. Please wear comfortable exercise clothes; you may also want to bring a blanket or towel and water bottle.

Min. 6/Max. 18

CODE	DAYS	DATES	TIME	RES/NR
46255-B	M	4/10-5/22	5:35P-6:35P	\$59/\$74

Gentle Chair Yoga (Ages 16 +)

Everyone can benefit from practicing yoga and Pilates! Come join us in the slower paced class modified for you and your comfort. You'll improve strength, flexibility, coordination and range of motion. You'll also enjoy reduced stress, relaxation, and improved circulation. Yoga mats and chairs are available at the Parks & Rec. Dept., or you may bring your own mat. Please wear comfortable exercise clothes. You may also want to bring a water bottle, blanket or towel.

Min. 4/Max. 18

CODE	DAYS	DATES	TIME	RES/NR
46255-G	Tu	4/11-5/23	10:20A-11:20A	\$59/\$74



**EAST GRAND RAPIDS:
PARKS & RECREATION DEPT.**

ADULT FITNESS/AQUA FITNESS

NEW

Baby + 1 Yoga (Ages newborns to crawlers)

Nurture your baby while caring for yourself. Baby +1 Yoga invites babies and their caregivers (moms, dads, grandparents, nannies) to bond through loving touch, sight, sound, and movement. Let baby in on the yoga practice physically, mentally, and spiritually to build a strong bond of trust and security, the foundation of self confidence for baby. While incorporating your little one into the yoga sequence, you also receive a nurturing, strengthening practice designed specifically to gently engage with and calm body and spirit. The class offers a chance for new mama and caregiver networking, too. You'll find a warm, supportive community, essential during the fourth trimester or postpartum period! Baby + 1 Yoga is perfect for babies newborn - crawling.

Location: Program Room 101 @ EGR Rec. Dept.
Instructor: Amanda Holbert, Renew Mama Studio
 Min. 4/Max. 10

CODE	DAYS	DATES	TIME	RES/NR
44702-A	W	4/19-5/24	9:30A-10:30A	\$89/\$109

Capoeira (Ages 16 +)

NEW

Capoeira is a martial art that combines elements of fighting, acrobatics, music and dance in a very elegant and magnetic way. This multi-disciplinary and cultural class combines physical movements, singing, stories and musical instruments.

Location: Program Room 104 @ EGR Rec. Dept.
Instructor: Juston Espinoza
 Min. 6/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
45224-A	Th	4/20-5/25	7:00P-8:00P	\$60/\$75

Triathlon Training (Ages 15 +)

Are you ready to try your first Triathlon? Do you want to get stronger with your swimming? Veteran triathlete and swim coach Mallory Butch is ready to help you reach your swimming goals. Training sessions are available evenings and on weekends. Contact the EGR Rec Dept. to schedule your training session.

Location: EGR HS Pool and Wealthy Pool
Training Session: 30min
Fee: Res \$29 NR \$39

100 Mile Club - 2017 (Ages 15 +)

Swim 100 Miles in one Calendar year and you will get a t-shirt, and your name up at the wall! Track your mileage with the staff at the pool and receive monthly postings and updates with your distances.

Location: High School Pool @ EGR High School
 Min. 6/Max. 100

CODE	DATES	RES/NR
33280-E	1/1-12/31	\$10/\$15

Splash Fitness (Ages 18 +)

Splash Fitness is a high energy, get your body moving water fitness class. Grab your friends! You won't want to miss this class. Gets your heart rate working all while in the "joint easy" comfort of the water.

Location: Wealthy Pool @ Wealthy School
Instructor: swimEGR staff
 Min. 8/Max. 20

CODE	DAYS	DATES	TIME	RES/NR
New You, Try Splash Fitness for a special one day class				
43200-A	Th	4/13	11:00A-12:00P	\$5/\$10
43200-A1	Tu & Th	4/18-5/25	11:00A-12:00P	\$126/\$146

AquaFit (Ages 15 +)

Join these restructured upbeat classes designed to burn fat, calories and strengthen and tone the body. The resistance of the water gives you a great workout while the buoyancy of the water is easy on your joints. You don't need to know how to swim to participate.

Location: Wealthy Pool @ Wealthy School
Instructor: Angela Crompton
 Min. 10/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
New You, Try AquaFit for a special one day class				
43210-A	Th	4/13	7:00P-8:00P	\$5/\$10
One Day				
43210-A1	Tu or Th	4/18-5/25	7:00P-8:00P	\$63/\$78
Two Day				
43210-A2	Tu & Th	4/18-5/25	7:00P-8:00P	\$126/\$146

Gentle Aquatic Exercise (Ages 18 +)

Gentle Aquatic Exercise is gentle yet challenging ... exercising your mind as well as your body! This class is designed to improve breathing, balance, posture, circulation, joint mobility and general ease of movement. A variety of exercise methods including Ai Chi, Feldenkrais, Water Qigong and Arthritis Foundation exercises will be taught. Be a part of the fun ... meet new friends and get ready for the day in the warm water of Wealthy Pool. Open to non-swimmers.

Location: Wealthy Pool @ Wealthy School
Instructor: Diane Collier
 Min. 8/Max. 15

CODE	DAYS	DATES	TIME	RES/NR
New You, Try Gentle Aquatic Exercise for a special one day class				
43220-A	W	4/12	9:30A-10:30A	\$5/\$10
43220-A1	M & W	4/17-5/24	9:30A-10:30A	\$126/\$146



swimEGR

The Aquatics Department is excited to announce our swimEGR Learn to Swim program.

swimEGR offers a progression of Learn to Swim classes to meet the needs of your swimmer. Class focus is on skill development and swimmer safety. Our instructors provide a safe, educational and fun environment for your swimmer to excel. Group and private lessons are available.



Parent Child (Ages 0 - 3)

This class allows parents and children to learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The classes are fun-filled and help introduce water safety concepts, encouraging a healthy recreational habit that your entire family can enjoy.

Location: Wealthy Pool @ Wealthy School

Min. 6/Max. 10

CODE	DAYS	DATES	TIME	RES/NR
43010-A*	Sa	4/22-5/20	9:00A-9:30A	\$48/\$63
43010-B	M	4/17-5/22	6:00P-6:30P	\$58/\$73

*5 week session

Beginner Level 1 (Ages 2 - 6)

This is a swimmer's first class without a parent in the water. This class will help swimmers gain greater independence in their skills and develop more comfort in and around water. Skills include: open eyes under water and retrieve submerged objects and front and back floats and glides.

Location: Wealthy Pool @ Wealthy School

Min. 4/Max. 4

CODE	DAYS	DATES	TIME	RES/NR
43030-A*	Sa	4/22-5/20	9:30A-10:00A	\$48/\$63
43030-B*	Sa	4/22-5/20	10:30A-11:00A	\$48/\$63
43030-C	M	4/17-5/22	6:30P-7:00P	\$58/\$73
43030-D	W	4/19-5/24	6:30P-7:00P	\$58/\$73

*5 week session

Advanced Level 1 (Ages 3 - 6)

This level helps swimmers begin to gain basic swimming skills including jumping in, front and combined arm and leg action on front and back. Swimmers will begin work on recovering to a vertical position, alternating and simultaneous leg actions on front and back.

Location: Wealthy Pool @ Wealthy School

Min. 4/Max. 4

CODE	DAYS	DATES	TIME	RES/NR
43040-A*	Sa	4/22-5/20	10:00A-10:30A	\$48/\$63
43040-B*	Sa	4/22-5/20	11:00A-11:30A	\$48/\$63
43040-C	M	4/17-5/22	7:00P-7:30P	\$58/\$73
43040-D	M	4/17-5/22	7:00P-7:30P	\$58/\$73
43040-E	W	4/19-5/24	6:00P-6:30P	\$58/\$73

*5 week session

Level 2 (Ages 5 +)

Swimmers will focus on the following skills: fully submerge and hold breath, rolling from front to back and back to front. Swimmers will continue working on building confidence with front and back crawl and begin work on endurance skills.

Location: Wealthy Pool @ Wealthy School

Min. 4/Max. 5

CODE	DAYS	DATES	TIME	RES/NR
43120-A*	Sa	4/22-5/20	9:00A-9:30A	\$48/\$63
43120-B	M	4/17-5/22	6:00P-11:00A	\$58/\$73
43120-C	W	4/19-5/24	7:00P-7:30P	\$58/\$73

*5 week session

Level 3 (Ages 5 +)

Level 3 encourages stroke development through additional guided practice in deeper water. New techniques and strokes are learned while building endurance of fundamental and new skills. Skills include: rotary breathing, stream line, and flutter and dolphin kicks.

Location: Wealthy Pool @ Wealthy School

Min. 4/Max. 5

CODE	DAYS	DATES	TIME	RES/NR
43130-A*	Sa	4/22-5/20	9:30A-10:00A	\$48/\$63
43130-B	W	4/19-5/24	7:00P-7:30P	\$58/\$73

*5 week session

Level 4 (Ages 5 +)

Stroke Improvement builds confidence and endurance in the water. Skills include: headfirst entries from the side in compact and stride positions, open turns, added technique to strokes, survival swimming, and tread water using two different kicks.

Location: Wealthy Pool @ Wealthy School

Min. 4/Max. 5

CODE	DAYS	DATES	TIME	RES/NR
43140-A*	Sa	4/22-5/20	9:30A-10:00A	\$48/\$63

*5 week session

Stroke Camp (Ages 5+) Previously Level 5

Stroke Refinement provides further coordination and added technique to strokes. Skills include: submerge completely and front and back crawl, elementary backstroke, breaststroke, sidestroke, butterfly and flip turns.

Location: Wealthy Pool @ Wealthy School

Min. 2/Max. 5

CODE	DAYS	DATES	TIME	RES/NR
43150-A*	Sa	4/22-5/20	9:00A-9:30A	\$63/\$48

*5 week session

Private Swim Lessons (All Ages)

Do you want to become a stronger swimmer for a triathlon? Does your little swimmer need some extra attention while learning how to put their eyes in the water? Are you trying to perform a flip turn? Private swim lessons are a great way to meet one on one with an instructor who can assist you with mastering swimming skills.

Location: Wealthy Pool @ Wealthy School

RES	NR
\$29	\$39

Contact Betsy at the EGR Recreation Department, 616-949-1750, to schedule your lesson. Lessons are available during the daytime, evenings and on the weekends.



Jr. Lifeguarding (Ages 9-14)

Jr. Lifeguarding is for:

- Swimmers who have been successful with Level 4 and above
- Swimmers who want to stay active in swimming
- Those not old enough to take lifeguard training

Students will learn:

- Jr. Lifeguarding skills (reach and throw rescues)
- Emergency action plans
- Refine strokes (especially those used in Lifeguarding, freestyle, approach stroke and breaststroke)
- Pool Chemical testing (pH and Chlorine levels)
- Preventative lifeguarding

Location: High School Pool @ EGR High School

Min. 4/Max. 12

CODE	DAYS	DATES	TIME	RES/NR
43325-A	W	4/19-5/24	6:00P-6:45P	\$64/\$79

Lifeguard Training (Ages 15 +)

Are you 15 or older and looking for a great summer job or a challenging career? American Red Cross Lifeguarding is the best place to start! Lifeguarding puts you in an exciting position. Certification includes: Lifeguarding, First Aid, CPR For Professional, Preventing Disease Transmission and AED. You must attend all sessions.

Prerequisites:

- Minimum age of 15.
- 300-yard swim: 100 yards front crawl, 100 yards of breaststroke & 100 yards of front crawl or breaststroke.
- 20-yard swim, surface dive, retrieve a 10-pound object from a depth of 7' swim back and exit the pool within 1 minute 40 seconds.
- Tread water for 2 minutes without arms.

Location: High School Pool @ EGR High School

Min. 10/Max. 12

CODE	DAYS	DATES	TIME	RES/NR
43320-A	Su & M	4/17-5/22	6:00P-9:30PM	\$207/\$227

Sunday Dates: 4/23/17 and 5/7/2017 12:00-6:00PM

Lifeguard Update

Students must be certified as an American Red Cross lifeguard. Please email a copy of your certification to bgranstra@eastgr.org to finalize your registration. If your certification is expired – you are not eligible for this class.

CODE	DAYS	DATES	TIME	RES/NR
43320-B	Su	5/21	10:00A-6:00P	\$78/\$98



SWIMEGR INSTRUCTORS



swimEGR



Meet our Instructors

Ms. Alyssa

Alyssa brings experience as a former competitive swimmer and a mom of an active two year old to the pool.

In Alyssa's words:

The best thing about teaching swim lessons is making relationships with my students and seeing them grow their abilities in the water.

Be patient with your child no matter what level they are at, and remember the more they practice the better they will get.

Parents, come ready for anything, because you never know how your child will react around new people while learning to trust us in the water.

Alyssa is available for private swim lessons.

Ms. Barb

Barb balances her time between swimEGR and being the Director for Safety Town. She is a former school teacher who brings a strong love for kids and swimming to the pool.

In Barb's words:

Swimming is a lifelong activity. Set a strong foundation of skills and water safety that you can enjoy as a family for years to come.

Don't worry if your child doesn't pass through each level swiftly.

There are a lot of skills to learn and each swimmer will master them at their own pace. We want them to learn and grow at their pace in a fun, trusting environment.

Barb is available for private swim lessons.

Ms. Tammy

Tammy is a mom of three and spends her day working with special needs students. She has been with swimEGR for over 20 years.

In Tammy's words:

I love seeing the look on a swimmer's face when they succeed. The smile on their face when they put their eyes in for the first time, when they jump in by themselves or when they swim their first length of the pool - it's priceless.

It's never too late to learn to swim (even for you mom and dad). We have seen lots of success when families take swim lessons and then come to the pool for open swim during the week.

Tammy is available for private swim lessons.

*For more information about swimEGR visit www.eastgr.org, call 616.949.1750, or stop by the EGR Rec Dept

ADVERTISING



real estate



dispute resolution
and litigation



individuals
and families



business
and industry

Operating since 1960, Rhoades McKee offers over 25 legal practice specialties.



rhoades
mckee
attorneys

ADVERTISING



New date!

June 24, 2017

One of W. Michigan's most popular events

Join us in a 5K **Run or Walk**, 5K **Shaggy Pines Dog Owner Run or Walk**, 10K **Run and Kid's Races** or, 10K **Wheelchair/Handcycle**

Contact Susan Perry at 616.949.1750 or sperry@eastgr.org
reedslakerun.com



**Rhoades McHee Reeds Lake
TRIATHLON · DUATHLON**

September 9, 2017

Sprint & Olympic Distance

Triathlon: Swim, Bike, Run **Duathlon:** Run, Bike, Run
Aqua Bike: Swim, Bike **Relay:** Swim, Bike, Run

Contact Betsy Granstra
616.949.1750 or bgranstra@eastgr.org

VOLUNTEERS NEEDED!

Volunteers provide a safe and fun event by controlling and directing traffic. To register, visit eastgr.org or the Parks & Recreation Department. Questions?

Run & Triathlon Volunteer Coordinators: Rachel Seese & Pam Slater
Call 616.949.1750 or email rseese@eastgr.org or pslater@eastgr.org

STAY ACTIVE YEAR ROUND WITH TOP-QUALITY, EASY-TO-USE HOME EXERCISE EQUIPMENT FROM VILLAGE BIKE & FITNESS

LifeFitness

**SAVE \$100 TO \$400 ON ALL LIFE FITNESS EQUIPMENT WITH A
MANUFACTURER'S INSTANT REBATE FROM JANUARY 1-15, 2017**

- Free local delivery and setup performed by our own friendly staff. (equipment over \$1400)
- Factory trained technicians on staff to assist with maintenance and repair.
- 12 months deferred interest financing available.



**VILLAGE
BIKE & FITNESS**

JENISON
450-A Baldwin
616.457.1670

**GRAND RAPIDS
SOUTH**
5991 Kalamazoo Ave. S.E.
616.455.4870

CASCADE
2844 Thornapple River Dr.
616.285.1670
(Bikes Only)

**GRAND RAPIDS
NORTH**
5278 Plainfield N.E.
616.361.3661

www.VillageBikeShop.com

REGISTRATION

STEP 1: You may register using 1 of 5 ways: online, phone, fax, by mail, or in person.



www.eastgr.org



616.949.1750



616.831.6144



750 Lakeside Dr. SE
East Grand Rapids, MI



8:00A-5:00P
Mon. - Fri.

STEP 2: If you register by mail or fax, please send or fax the following form.
Registration begins January 12 for residents and January 19 for non-residents.

EGR PARKS & RECREATION REGISTRATION FORM

Parent Name

Enrollee Name	Birthdate	Gender	Grade	Program Name/Code	School
<input type="text"/>					
<input type="text"/>					
<input type="text"/>					

Address

Phone

Cell

Email

STEP 3: Choose your method of payment and complete the remaining portion of the form. *The registration fee must be paid upon registering.*



Name on Card/Credit Card Type/Number/Expiration

Check Number OR Money Order Number
(please include check or money order with registration form)

Signature/Date

TERMS & CONDITIONS

Household Transfers: Individuals may transfer from an enrolled program to another currently publicized program without incurring an administrative fee. Transfers must be made two full business days prior to the starting date of the program you are cancelling. If there is a difference in class fees, the difference will need to be paid at the time of the transfer and/or any remaining credit balance will be placed on your household account for future use.

Program Cancellations: Must be made a minimum of five full business days prior to the start of the program and will incur a 20% administrative fee up to a maximum of \$15 for each program. Program cancellations made a minimum of two full business days prior to the start of the program will incur a 40% administrative fee up to a maximum of \$30 for each program.

League Sport Cancellations: Must be made a minimum of five full business days prior to the leagues first game. Cancellations will incur a 20% administrative fee up to a maximum of \$15 for each program. Cancellation refunds will not be granted for any cancellations made less than 5 full business days prior to the first scheduled game.

Injury or Illness: Refunds can be given to individuals who are injured or ill. A doctor's statement, verifying the illness or injury, must be received within two weeks from the time of the illness or injury for a refund to be considered. We reserve the right to issue a partial refund determined by the amount of participation in the program prior to the illness or injury.

Waiting List Guidelines: We will create waiting lists for programs/activities that reach maximum capacity and/or for registrants who register after the deadline. Waiting lists are kept in chronological order for placing enrollees if openings develop. It is important for parents/participants to understand coaches and instructors do not have the authority to add participants to their roster. Waiting list placement will be made solely by the departmental staff for consistency and fairness. Any participant added to a roster without the consent of the Recreation Department will be grounds for dismissal from the activity and a one-year suspension from future programs.

Sign Up Guidelines for Youth League Sports: We will accept all sign ups for youth league sports by the deadline date. Signing up prior to the deadline, participants receive a \$20 discount and are guaranteed placement on a team. Participants may sign up for a sport after the deadline only if slots are available. If teams are filled, participants will be placed on a waiting list and placement on a team will only occur if an opening develops. Waiting lists are kept chronologically and placement will occur accordingly. *Signing up after the deadline jeopardizes your child's opportunity to participate.*

Buddy System: The buddy system applies to the following youth sports: K-5 Soccer Leagues, Little Sluggers Tee Ball Leagues, Pre-K - 2 Youth Basketball, 3 & 4 Girls Basketball and 3 & 4 Girls Lacrosse. The buddy system is designed to allow children to know at least one child on their team. It may also help families with carpool issues. We are requiring both children's parents to complete and sign the form to be valid. The form must be completed in person or on line so we know that you, the registrants, have requested your child to play with one other child. Limit one buddy request per child and must be completed by the program deadline. *Due to various criteria, the "Buddy System" does not guarantee that your request will be honored. This is a service our department provides for our patrons.*

Photo Disclaimer: EGR Parks & Recreation is committed to providing timely information to the public about our many offerings and programs. We accomplish this through regular printing of detailed brochures and updates on our website. These publications often include pictures of participants in action to give the public a sense of the fun and adventure awaiting them. If you don't want to be in photos for publicity please let the individual know that is taking pictures.

Interscholastic League Sports:

- Participants must be enrolled as an EGRMS student and are required to carry a 2.0 GPA per marking period.
- A current athletic physical must be on file with EGRMS dated on or after April 15 of the current school year.
- Transportation is not provided. Parents will need to car pool to away competitions.
- All registration will now take place at the Parks & Recreation Department. You may register in person, over the phone or online with a user name and password provided by the Rec. Department.
- We are part of the West Michigan Middle School Conference.



**East Grand Rapids Community Center
750 Lakeside Dr.
East Grand Rapids, MI 49506**

Over 50 years of teaching... Over 100,000 safe drivers and counting!

Segment 1 and Segment 2 classes available!

**Classes held at community center with
experienced, fun instructor Garry Strong.**

Get \$25 off with coupon code: EGR25

Call 1-800-967-7719 or register online at AllStarDe.com



David Kirchgessner

Realtor - East Grand Rapids

If you're considering buying or selling in East Grand Rapids, you need an agent with intimate knowledge of our area and who is networked into our community. My home, heart and office are all located in EGR.

David Kirchgessner

616-617-4644 | david.kirchgessner@gmail.com
Greenridge Realty Gaslight Village | 2213 Wealthy St. SE



CHECK OUT OUR **NEW** CLASSES



REGISTRATION BEGINS:
January 12 for Residents
January 19 for Non-Residents

TO REGISTER:
Call: 616.949.1750
Online: www.eastgr.org

- Petite Picassos Artistic Splash Pad
- Art Color Splash
- Art Plunge for Teens
- Art Rendering
- Capoeira
- Curb Your Cravings for Sweets
- Fitness Fun
- Going Gluten Free - Facts, Myths and Transition
- ReImagine Project: Up-cycled Accessories & Entrepreneurship
- Splash Fitness
- Understanding & Managing Stress